

Step 1: Description:

I have completed my preceptorship this past week and I am so excited about the progress I made. My preceptor was an awesome teacher and taught me a lot. I got to do many skills that I have not had the opportunity to do before, so that was cool. Not only was my preceptor super helpful, but so was everyone else on the unit. The overall result of the shifts was awesome, and I am very grateful I had the opportunity.

Step 2: Feelings:

I was feeling very nervous at the beginning of these shifts. I was thinking I was not going to make any progress and get more anxiety. My preceptor was great because everything he did, he made sure to explain it to me. This made me feel like I was welcomed and made the experience so much better. I feel very good about the outcome because I did make progress. The most important emotion or feeling I have about this is confidence because I learned so much throughout these shifts.

Step 3:

The good thing about the event was the amount of knowledge I gained. I cannot think of anything that was bad about the experience. The easy thing was being able to learn from my preceptor. He made everything make sense, which made things easier. The difficult part was probably getting out of my comfort zone. I was able to perform the skills quite well and felt confident doing many of them. I contributed by paying attention to further expand my knowledge.

Step 4:

I can apply knowledge from my previous modules about skills and disease processes. There were so many opportunities for me to look back and think about the correct way to do some of the skills. The event was a time for me to learn and I think that is exactly what went on. The impact from others was great. The people on the unit were very friendly and taught me a lot.

Step 5:

I don't think the situation could have gone any better. My experience was awesome, and I am very grateful for my preceptor. He was very patient and did not get mad when things did not go as planned. He allowed me to learn from my mistakes and told me that it was part of the learning process. I think I could have maybe asked more questions, but I got shy sometimes. I learned that making mistakes is going to happen and no one is perfect. I also learned that asking questions helps with making you feel like you are not alone.

Step 6:

Overall, the situation was great! I could not have asked for a better experience or preceptor. The days went by smoothly because of the positivity that was on the unit. As stated above, I could have asked more questions about things. The lessons that I learned are for sure going to help me in the future. I learned so much from patient safety to critically thinking. The whole experience taught me so much about professional practice, especially when a patient is making inappropriate comments. I will use this experience by looking back and using what I learned to help me in my future as a nurse.