

# Covenant School of Nursing Reflective

Grace Perreira, March 30, 2022

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<p><b>Step 1 Description</b></p> <p>I got to take care of my first Murphey drip. This happened on Wednesday, March 30<sup>th</sup>. I was on S8 with my amazing nurse. We heard in report that this particular patient had to have NS running wide open on the drip due to his clotting susceptibility, which required a lot of upkeep. I was in and out of the patient room all day switching his bags and draining his foley. The nurse and I switched off doing one or the other since we tried to knock both tasks out every time we were in the room. I think I drained a total of 12,000 mL from his foley that morning and replaced both bags 3 times.</p>	<p><b>Step 4 Analysis</b></p> <p>I was thinking back to Mrs. Moreno's lecture this whole time. I love seeing things in clinical that I've actually learned about, I feel like I can provide more competent care as a student. I feel like the fluid temperature of the irrigation was causing some of his painful bladder spasms in the past, which slowed his healing. I feel like more effective care from the beginning would've helped him progress a little more and not backtrack quite so much. I'm not disrespecting the nurses he's had before, I'm sure they were absolutely wonderful. I just think we can do better as a team for our patients. I also think more effective antiplatelet treatment is necessary for him since that is his primary issue with the Murphey drip.</p>
<p><b>Step 2 Feelings</b></p> <p>I felt excited! This was my first Murphey drip and it was a special case. I was thinking this would be a great learning experience and an excellent exercise in time management, which I know I need to work on. I feel like we managed it very well. The patient would call us if the bags got a little low, so he was actively participating in his care. I liked working with this nurse a lot, she made me feel like an equal. His catheter started running clearer by the time I left, so I was relieved to see that. I think this module was very eye opening for my time management skills and I'm glad I could see the opportunity to work on that today.</p>	<p><b>Step 5 Conclusion</b></p> <p>I could've spoken up and asked more questions about his medications and the irrigation technique. I also should've asked about his bloodwork earlier so we could've drawn it while I was there. He hadn't had post-op blood work drawn. I learned about time management though and that was my priority as a student today. My nurse was phenomenal with her time management.</p>
<p><b>Step 3 Evaluation</b></p> <p>We stayed on top of the Murphey maintenance. He never ran dry and he never clotted off, which is really good for him! It makes me sad that his recovery has been so complicated so far, but I was happy to be apart of the team to get him on the up-and-up. Switching the bags themselves is an easy task. The hardest part was staying on top of remembering when to change them, which we did well at. It was a whole team effort, not just one of us. I was expecting to need to irrigate the foley just from what we received in report, but thankfully we didn't have to do that. His clotting susceptibility has made his recovery tough, so I was glad we didn't have to irritate his bladder any more than it already is.</p>	<p><b>Step 6 Action Plan</b></p> <p>Overall, I really enjoyed this day at clinical. I wish I could've stayed longer. I was very interested in my patient's case with the clotting. I felt very rushed the whole day, but I felt better about my time management for my patients. My med admin was speedier as were my assessments and interventions. I felt more organized. In hindsight, I would've organized my day slightly differently to finish up my assessments earlier, but I'm not disappointed in how I did. It is definitely progress from last week, so I'm happy. I picked up some organization and management tips from my nurse too, so I plan on applying those in my practice.</p>