

Student Name: Chelsie Callesen

Date: 3/29/2022

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

Time of assessment: 0800

Admit diagnosis: Fluid volume overload

General appearance: clean, well-kept, resting in bed.

Neurological-sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

LOC: Alert and oriented x 4

Sensation: Sensation intact. Able to feel sharp & dull sensations.

Strength: Hand grasp & toe wiggle equal & strong bilaterally.

Coordination: movements purposeful & coordinated.

Speech: Speaks English clearly. <sup>Pupil</sup> Assessment: Pupils 3 mm, equal

Comfort level: Pain rates at 5 (0-10 scale) Location: Right leg <sup>round, reactive to light.</sup>

Psychological/Social (affect, interaction with family, friends, staff)

Affect: Cheerful affect

Interaction with family & staff: Acknowledges who is in the room and interacts appropriately.

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing) Symmetry: EENT symmetrical Drainage of EENT: No drainage. Dentition: upper & lower dentures, clean & intact. Nodes: Neck supple w/no palpable lymph nodes. Swallowing: swallows w/o difficulty. Mouth: oral mucous membranes pink, moist & intact.

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern) Chest configuration: chest symmetrical, trachea midline. Breath sounds: Breath sounds diminished bilaterally w/ inspiratory & expiratory wheezes heard throughout. <sup>Crackles bilaterally.</sup> Rate & rhythm: SOB, respirations labored - 18. <sup>unable to deep breath w/o coughing pattern.</sup> Depth: <sup>Regular in pattern.</sup>

Cardiovascular (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern) Heart sounds: S1 & S2 audible w/ regular rate. & rhythm. Apical & radial rate: 70. Rhythm: Regular <sup>Regular in pattern</sup> in rhythm. No murmur heard on auscultation. Radial

Pulses: 2+ bilaterally. Pedal Pulses: 1+ bilaterally 2+ pitting edema noted. Pattern: Regular in pattern.

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Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation)

Bowel habits: Pt stated last BM 3/28/2022.

Brown & formed - did not observe. Pt stated this was

normal. Appearance of abdomen: Abdomen distended, non-tender

Bowel sounds: Active x4 quadrants Last BM 3/28/2022

Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal

bleeding, discharge) Frequency: <sup>Foley to gravity draining</sup> total dark, amber colored urine.

Pt started dialysis upon admission. urgency: <sup>Foley</sup> no odor noted

Continence: continent of bowel & bladder.

Vaginal bleeding: N/A, Pt. Male. Discharge: Pt stated no discharge.

Urine output (last 24 hrs) 1200 LMP (if applicable) N/A

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities)

Alignment: symmetrical. Posture: upright. mobility: <sup>clarity: clear</sup> mobile w/partial assistance. <sup>amber tinged</sup> Gait: unsteady. Pt weak

w/swollen legs & scrotum. movement in extremities:

movements are meaningful and coordinated.

Deformities: no deformities observed.

Skin (skin color, temp, texture, turgor, integrity)

Skin color: color appropriate for race.

Temp: skin warm & dry. Texture: dry & scaly.

Turgor: poor.

Integrity: skin intact, <sup>pitting</sup> edema noted at

Wounds/Dressings

N/A

Other

16 French foley catheter

central line triple lumen catheter - Trialysis

Pt has a swollen scrotum.

16F Foley catheter

Chelsie Callesen

Diagnostic Worksheet

Mark high / low values with (↑ or ↓)		Covenant Normal Values	Dates			
		*Diagnostic values vary from laboratory to laboratory.	Admit day	Most Recent	PO	ME
CBC	WBC	3.6-10.8 k/uL	3.9	5.6	—	—
	HGB	14-18 g/dL	15.3	14.5	—	—
	HCT	42% - 52%	44.6	42.8	—	—
	RBC	4.7-6.1 m/uL	5.02	4.89	—	—
	PLT	150 - 400 k/uL	117	122	↓	↓
CMP	Glucose	70-110 mg/dL	105	97	—	—
	Sodium	134 - 145 mmol/L	136	138	—	—
	Potassium	3.5 - 5.3 mmol/L	3.5	3.6	—	—
	BUN	9-21 mg/dL	18	15	—	—
	Creatinine	0.8-1.5 mg/dL	1.50	1.20	—	—
	Chloride	98 - 108 mmol/L	103	103	—	—
	Calcium	8.4 - 11.0 mg/dL	9.1	9.0	—	—
	Mg++	1.6 - 2.3 mg/dL		2.3	—	—
	Total Protein	5.5 - 7.8 g/dL	7.3		—	—
	Albumin	3.4 - 5 g/dL	0.8		↓	↓
	Total Bilirubin	0.1 - 1.3	1.6		↑	↑
	AST (SGOT)	5 - 45 u/L	17		—	—
	ALT (SGPT)	7-72 u/L	21		—	—
Alk Phos (ALP)	38 - 126 u/L	271		↑	↑	
Lipid Panel	Cholesterol	200mg/dL				
	TRIG	0-150 mb/dL				
	HDL	>60mg/dL				
	LDL	0-100 mg/dL				
Common	GFR	Refer to lab specific data	51	>60	↓	—
	TSH	0.35 - 5.5 ULU/L	9.11		↑	—
	Digoxin	0.8 - 2 ng/dL				
	PT	10.0 - 12.9 secs				
	INR	Therapeutic 2 - 3				
	PTT	25.3 - 36.9 secs				
BNP	5 - 100 pg/dL					
CKMB	0 - 5 ng/dL					
Troponin	neg = < 0.07 ng/mL	15		↑	—	

  

Mark high / low values with (↑ or ↓)		Covenant Normal Values	Dates			
		*Diagnostic values vary from laboratory to laboratory.	Admit day	Most Recent	PO	ME
UA	Sp Gravity	1.005-1.030	1.020		—	—
	Protein	Negative	30 mg/dL		↑	↑
	Glucose	Negative	7-1000		↑	↑
	Ketone	Negative	Negative		—	—
	Nitrite	Negative	Positive		↑	↑
	Leukocytes	Negative	Negative		—	—
	Bilirubin	Negative	Negative		—	—
	Blood	Negative	Small		↑	↑
	pH	5.0-7.5	6.0		—	—
	Other Labs					
Date	Culture	Site	Result			
	Blood					
	Urine					
	Wound					
	Wound					
Other Diagnostic / Procedures						
Examples: CT/Xray/MRI/Paracentesis						
Date	Type	Result				
3/28/22	Chest X-Ray	Lt sided Aico, pulmonary				
3/28/22	IL Placement	non-pneumia central venous catheter placed w/o complication				
3/29/22	ECHO	Results Pending				
Point of Care Glucose Results						
Date	Time	Result	Date	Time	Result	