

Adult/Geriatric Medication Worksheet – Current Medications & PRN for Last 24 Hours

Primary IV Fluid and Infusion Rate (ml/hr)	Circle IVF Type	Rationale for IVF	Lab Values to Assess Related to IVF	Contraindications/Complications
	Isotonic <input type="checkbox"/> Hypotonic <input type="checkbox"/> Hypertonic <input type="checkbox"/>			

Student Name: MALLORY KALKA		Unit: HOWARD	Patient Initials:		Date:	Allergies: NKDA	
Generic Name	Pharmacologic Classification	Therapeutic Reason	Dose, Route & Schedule	Correct Dose? If not, what is correct dose?	IVP – List diluent solution, volume, and rate of administration IVPB – List concentration and rate of administration	Adverse Effects	Appropriate Nursing Assessment, Teaching, Interventions (Precautions/Contraindications, Etc.)
clopidogrel (plavix)	platelet aggregation inhibitors	prevents platelets in your blood from sticking together to form unwanted blood clot that can block an artery				increases risk of bleeding stopping this medication can increase risk of a heart attack or stroke	1. TEACH: this med can make it easier for you to bleed (brush teeth lightly F.E.) 2. AVOID: using if have active bleeding such as stomach ulcer or bleeding in the brain 3. REPORT: nosebleeds, pale skin, easy brushing, jaundice, fast heartbeat, low blood sugar, little or no urination 4. sign of blood clot: sudden numbness or weakness, confusion, problems w vision or speech
atorvastatin (lipitor)	statins	lower blood levels of LDL, to increase levels of HDL, and to lower triglycerides, lower the risk of stroke, heart attack, or other heart complications	20 mg PO daily			- breakdown of skeletal muscle tissue...leading to kidney failure	1. Tell HCP hx of liver or kidney disease, diabetes, a thyroid disorder 2. TEACH: may cause joint pain (CALL LIGHT), stuffy nose, sore throat, diarrhea, or pain in your arms or legs 3. REPORT: unexplained muscle pain, tenderness, or weakness especially if you also have fever, unusual tiredness, dark colored urine, little to no urination 4. AVOID: eating foods that are high in fat or cholesterol, grapefruit, do not take if electrolyte imbalance (MONITOR LABS)

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enoxaparin (lovenox)	heparins	prevent formation of blood clots	60mg/ 0.6mL subQ daily		- prepackaged syringe - admin in the a.m.	can cause blood clot around spinal cord if pt undergoes spinal tap or epidural	<ol style="list-style-type: none"> DO NOT EXPEL AIR PRIOR TO INJECTION TEACH: may cause pain @ site, N?/D, call light to get up, ask if on blood thinners, be careful when brushing teeth ASSESS: look @ platelet count (over100,00 is the green light to administer) REPORT: unusual bleeding (gums, urine, stool, cough), H/A, back pain, N, confusion
gabapentin	gamma-aminobutyric acid analogs	it affects chemicals and nerves in the body that are involved in the cause of seizures and some types of pain (nephropathy)	300 mg PO Q4			<ul style="list-style-type: none"> - can cause life threatening breathing problems (make one feel drowsy or slow their breathing) - severe mood changes 	<ol style="list-style-type: none"> Tell HCP hx of diabetes, breathing problems, kidney, liver or heart disease TEACH: may cause side effects of dizziness or drowsiness (CALL LIGHT TO GET UP), do not stop taking abruptly, do not chew or crush tablet ASSESS: respiratory (breathing rate and o2 sat as it can affect breathing), AVOID: taking antacids prior to this med as it affects absorption REPORT: : mood or behavior changes, trouble sleeping, irritable, restless

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sertraline (zoloft)	selective serotonin reuptake inhibitors	affects chemicals in the brain that may be unbalanced in people with depression, panic, anxiety, or obsessive-compulsive symptoms	25 mg PO daily			<ul style="list-style-type: none"> - thoughts of suicide when first taking this medication - serotonin syndrome (s/s in teaching) 	<ol style="list-style-type: none"> 1. Tell HCP if you take pimozone, an MAO inhibitor, stimulant medications, herbal products, or have a hx of Parkinson's, long QT syndrome, HTN, or bleeding problems 2. TEACH: may cause vision changes, manic episodes or low sodium (assess labs) 3. REPORT: new mood or behavior changes or agitation, hallucinations, fever, fast heart rate, muscle stiffness, twitching, N/V, or diarrhea (serotonin syndrome)

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