

Student Name: Adela Martinez

Date: 3/29/22

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

Time: 1900
Admit DX: Oblique fracture 4th proximal phalanx (R) foot
general appearance: calm, relaxed, friendly

Neurological-sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

LOC: oriented to time, place, person & situation x 4
sensation: responds to dull / sharp sensations appropriately
strength: hand grasps strong bilaterally, hand/foot pushes strong bilaterally
coordination: moves all extremities on demand
speech: speaks english / spanish clearly
Pupil: PERL 3mm
Comfort level: Pain rates at 0 (0-10 scale) Location: NA

(R) foot unable to assess

Psychological/Social (affect, interaction with family, friends, staff)

affect: calm, friendly
interaction: interacts appropriately with family / staff

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing)

symmetry: EENT symmetrical
Drainage: EENT M: EENT free of drainage
Dentition: no dentition abnormalities - proper dentition upper / lower

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Chest configuration: chest symmetrical depth: ~~deep~~ regular
Breath sounds: clear bilaterally on inspiration / pattern: regular
rate: 20
rhythm: unlabored

intact

Cardiovascular (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

Heart sounds: S₁ & S₂ audible on auscultation regular
Apical / Radial rate: 86
rhythm: regular
radial / pedal pulse: 2+ bilaterally radial, 2+ pedal (R), not palpable RLE
Pattern: regular
post tibial pulse: 2+ bilaterally

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IM1 Patient Physical Assessment Narrative

Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation)

Bowel habits: normal 1x day, LBM 3/29, Brown soft snake like
Appearance of abd: non distended - soft
Bowel sounds: hyperactive x4 quadrants
Tenderness to palpation: no tenderness Last BM 3/29

Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge)

Frequency: every 12 hours Clarity: clear
Urgency: No urgency Odor: no odor
Continence: no incontinence Vaginal bleeding/discharge: No
Color: yellow No vagina bleeding discharge

Urine output (last 24 hrs) 800mL LMP (if applicable) No longer has one

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities)

Alignment: symmetrical
Posture: upright posture
Mobility: able to move all Deformities: No deformities
Gait: unsteady Extremities
Movement in extremities: able to move all

Skin (skin color, temp, texture, turgor, integrity)

Skin color: appropriate for race
Temp: warm
Texture: dry Integrity: dry
Turgor: elastic

Wounds/Dressings

Wounds: (R) foot incision with dressing
Dressings: changed 3/29 with wound care nurse, clean, dry, intact

Other