

Pediatric Case 4: Sabina Vasquez (Complex)

Guided Reflection Questions

Opening Questions

How did the simulated experience of Sabina Vasquez's case make you feel?

It was a little challenging just because it was new, so I didn't really know how to navigate it. However, the pointers after gave me a better understanding on what I need to get done which helped me improve my score tremendously.

Describe the actions you felt went well in this scenario.

I was kind of stressed at first because my patient was going downhill and I had to do all the basics like introduce myself, wash my hands, etc. it was going so slow it made me panic I thought my pt. was going to code but she did not.

Scenario Analysis Questions*

EBP List in order of priority your initial nursing actions for Sabina Vasquez based on physical findings and family interaction.

My priority was to get my pt. on a continuous pulse ox first just to see where she was at and what I needed to get done first.

EBP What complications might Sabina Vasquez face if her symptoms are not recognized and if care is not initiated in a timely manner?

Hypoxemia could have occurred, respiratory distress, altered LOC, and she could of even coded

PCC What actions should be taken to ensure the delivery of appropriate information to Sabina Vasquez's mother?

Making sure I got a translator if needed and she gets sent home with a discharge packet.

PCC Recognizing the acuity of the situation, how would you include Sabina Vasquez and her mother in the decision-making process?

* The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>

Asking the pt. if she wants water, a book, maybe more blankets, etc. and with the mom I could involve her by asking her to make sure she always keeps her oxygen on.

S/QI Reflect on ways to improve safety and quality of care based on your experience with Sabina Vasquez's case.

One thing I noticed was when I was giving the meds, I had to keep going back to double check my orders that I was giving the correct med at the correct time. I could write her meds down in a neat fashion so I can always triple check med admin.

T&C/I What key elements would you include in the handoff report for this patient? Consider the situation-background-assessment-recommendation (SBAR) format.

I could let the handoff nurse know that there are certain vital parameters that the patient needs to be in and if she's not he needs to call the physician asap.

QI As you begin to think about discharge planning for Sabina Vasquez and her family, what teaching needs to be provided?

Teaching prevention, washing hands, covering her mouth, cleaning touched areas, not sharing drinks at school, etc. I can also teach them to finish the full course of antibiotics even if she starts to feel better.

Concluding Questions

Reflecting on Sabina Vasquez's case, were there any actions you would do differently? If so, what were these actions, and why would you do them differently?

Describe how you would apply the knowledge and skills obtained in Sabina Vasquez's case to an actual patient care situation.