

## LGBT Online Activities

*Of all the forms of inequality, injustice in healthcare is the most shocking and inhumane.  
Dr. Martin Luther King, Jr.*

Student Learning Outcomes:

- Examine specialty populations in the community including LGBT.

Complete the following online activities related to Gender & Sexual Diversity which is a growing population in Pediatrics. We have approximately 158,500 LGB Youth between ages 13-17 in Texas, along with an additional 13,800 Transgender Youth in Texas.

According to the Texas Nurses Association, Rule 217.11 Standards Specific to Registered Nurses, we are to “Provide, without discrimination, nursing services regardless of age, disability, economic status, gender, national origin, race, religion, health problems, or sexual orientation of the client served.

Remember that we all have “Implicit Bias” which is reflective of our attitudes (positive and/or negative) or stereotypes towards people, things, or groups that can affect our understanding, actions, and decisions in an unconscious manner.

As a health care professional, we must respect our patient’s/client’s choices, whether or not we understand or agree – they are the expert of their life.

Self-reflection allows us to understand our own belief systems, the assumptions that ground those beliefs, and how those assumptions and belief systems impact interactions with our patients/clients.

Complete the Gender Diversity Terminology Quiz. Answers are provided for you to evaluate your knowledge level after you have completed the quiz (you do not need to email the quiz to Mrs. White). (13 minutes)

Watch the following PBS Frontline Film entitled “Growing Up Trans” (1.5 hours)  
<http://www.pbs.org/wgbh/frontline/film/growing-up-trans/>

TED Talk (7 minutes)

“How to talk (and listen) to transgender people/Jackson Bird” (6 minutes)  
<https://www.youtube.com/watch?v=HbQZ7jAvgol>

LGBT Healthcare Training Video: "To Treat Me, You Have to Know Who I Am": (10 minutes)

<https://www.youtube.com/watch?v=NUhvJgxAac>

Transgender Healthcare Equality: (7 minutes)

<https://www.youtube.com/watch?v=DKKKsu8sv-8>

Defining LGBTQ: (4 minutes)

<https://youtu.be/tRvFj3ugdWU>

Bill Nye Says THREE YEAR OLDS Can Determine Their Gender: (3 minutes)

<https://youtu.be/Rayxew89NyE>

Simulation Scenario:

<https://www.montgomerycollege.edu/academics/departments/nursing-tpss/nursing-simulation-scenario-library.html#simulationscenariotrans%20and%20gender%20non-conforming%20identified%20patient%20care>

You will see: Nursing Simulation Scenario Library.

Scroll to the bottom of the list.

Select: Simulation Scenario: Trans and Gender Non-Conforming Identified Patient Care (11 minutes - video and 5 minutes to review forms)

[Watch the video.](#)

[Review the Transgender Health Forms.](#)

\*NOTE: You are required to write a 1-page reflection (11-point Arial or Calibri font, double-spaced) of what you have learned watching the online videos over the LGBT population and how it will impact your nursing practice. You can email Mrs. White the final reflection by **Week 7, Thursday by noon** or any time before that date/time. (30 minutes)

Total Clinical Time: 3 hours

**Resources for Health Care Professionals:**

**CDC:**

<https://www.cdc.gov/lgbthealth/health-services.htm>

**Center of Excellence for Transgender Health:**

<https://prevention.ucsf.edu/transhealth>

**Gay and Lesbian Medical Association:**

<http://glma.org/>

**Lambda Legal:**

<https://www.lambdalegal.org/>

**National Center for Transgender Equality:**

<https://transequality.org/>

**Services and Advocacy for Gay, Lesbian, Bisexual and Transgender Elders (SAGE):**

<https://www.sageusa.org/>

**Texas Tech University Center for Campus Life: Office of LGBTQIA:**

<https://www.depts.ttu.edu/lgbtqia/>

**The Fenway Institute: The National LGBT Health Education Center:**

<https://www.lgbtqiahealtheducation.org/>

**The Joint Commission:**

[https://www.jointcommission.org/-/media/tjc/documents/resources/patient-safety-topics/health-equity/lgbtfieldguide\\_web\\_linked\\_verpdf.pdf](https://www.jointcommission.org/-/media/tjc/documents/resources/patient-safety-topics/health-equity/lgbtfieldguide_web_linked_verpdf.pdf)

**The Mazzoni Center (LGBT Health and Well-being):**

<https://www.mazzonicenter.org/>

**World Professional Association for Transgender Health:**

<https://www.wpath.org/>