

Surgery Work Sheet

1. Type of Surgery and explain in YOUR words about the surgery.

Total knee replacement. They cut a flat surface on the femur, patella, condyle of the fibula and tibia. It was replaced with a metal rode and a plastic one and then cemented in with green material (that looks like playdough. Its then stitched together.

2. What were the medical reasons/cause for the surgery?

“Arthritis”

3. From the History and Physical of the patient, what could contribute to any postoperative complications?

DVT's occur most frequently in lower extremities, patients with joint replacement surgery are at greater risk of clots. Pt had BMI over 30 is another added risk factor for this complication.

a. From the complication list TWO nursing interventions.

1. Compression socks, improves blood flow and reduces pain and swelling.
2. Position them and help them get moving. Patient needs to have the feet and lower legs elevated periodically above the level of the heart, and passive leg exercises should be performed to increase venous flow.