

Covenant School of Nursing Reflective Practice

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<p>Step 1 Description</p> <p>Today in clinical we had a wonderful new nurse who wanted us to learn and practice. she let me do several skills but handling and taking care of a patients wound drain is what stuck out the most for me. This was my second day with the patient.</p>	<p>Step 4 Analysis</p> <p>The previous knowledge I applied was from SIM lab with Ms. [redacted]. When I saw this drain I knew how to open it, empty it, and I knew to squeeze it again to get it to work. with the help of my nurse I knew how to flush the wound.</p>
<p>Step 2 Feelings</p> <p>In SIM Ms. [redacted] showed us this specific drain and the previous day this patient and his nurse let me do his wound care. so today I was very confident when it came to taking care of this patient. At the time the only thing I was thinking was do not pull out this tube.</p>	<p>Step 5 Conclusion</p> <p>I could have made the situation by not being apprehensive in the beginning. I could have been more confident. I learned that taking through everything you do to the patient relaxes them and lets them trust you more.</p>
<p>Step 3 Evaluation</p> <p>Emptying and collecting the drainage went very well. It was a little difficult when it came to pouring out the drainage and measuring it out knowing I was basically holding a cup full of bacteria. overall the entire process was easy and my nurse was encouraging.</p>	<p>Step 6 Action Plan</p> <p>Overall I think the situation went very well and I am grateful for the experience. I can use what I learned this week on next wound care patients and not be so apprehensive and scared of wound care. I can and will apply what I learned this week with my future patients.</p>

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