

Pediatric Case 10: Charlie Snow (Complex)

Guided Reflection Questions

Opening Questions

How did the simulated experience of Charlie Snow's case make you feel?

-The first time it was a bit stressful as his saturations begin to drop steadily and I couldn't find the controls to admin O2 by rebreather. After learning the controls, I felt good about the scenario and feel I handled it confidently.

Discuss the actions you felt went well in this scenario.

-I believe the order that I did interventions went well. The interventions were carried out in a timely manner and the patient stayed relatively stable throughout the simulation.

Scenario Analysis Questions*

EBP List in order of priority your initial nursing actions identified for Charlie Snow based on physical findings and family interaction.

-first priority was airway and shock interventions. After that supportive therapy with nasal canula. The patient was then reassessed, and teaching was the next priority.

EBP What complications might Charlie Snow face if symptoms are not recognized and treated in a timely manner?

-patient could have respiratory failure and go into anaphylactic shock

EBP Why was a glucocorticosteroid administered in this case? Would it have been appropriate to administer albuterol in this case? Why or why not?

-can be used to help with acute reactions to the allergy, I believe albuterol could have been used as well as a bronchodilator to help open up the airway

PCC What communication techniques could be initiated to decrease the anxiety of Charlie Snow's aunt?

* The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>

-I believe being reassuring that it was not her fault, and we are going to provide the best care possible for her.

S/QI Reflect on ways to improve safety and quality of care based on your experience with Charlie Snow's case.

-ensuring proper hand washing and patient identification. It is also good to provide comfort measures for the child like providing stuffed animals.

S/I Because Charlie Snow is accompanied by his aunt and not by a parent, what legal matter must be considered before performing treatment?

-consent should be checked. Either consent from the parents via phone or consent by proxy or guardian.

T&C What role do you feel Charlie Snow's guardians and parents have as members of his health care team? (Explain your answer.)

-It is the parent and guardians responsibility to help Charlie learn to deal with his condition and take an active role in preventing allergic reactions. Both the parents and child need to learn the appropriate information in regard to Charlies condition

T&C/I What key elements would you include in the handoff report for this patient? Consider the situation-background-assessment-recommendation (SBAR) format.

-Inform the nurse the patient arrived with an allergic reaction from a cookie that the patient ate. The patient has been diagnosed with allergies and has no other health conditions. On admission the patient exhibited (assessment findings). The patient was given (treatment). The patient is now stable with (current vitals). Continue to get vitals Q 5 minutes in case of regression. The parents are in the military and the patient is with their aunt and uncle. Talk about meds given and current infusions. State child basic information.

Concluding Questions

Reflecting on Charlie Snow's case, were there any actions you would do differently? If so, what were these actions, and why would you do them differently?

-I would not do much differently. I feel the interventions and assessment were appropriate for the patient.

Describe how you would apply the knowledge and skills that you obtained in Charlie Snow's case to an actual patient care situation.

-using what I learned from this simulation I will be able to act quickly and recognize the signs of allergic reactions. I will be able to teach the parents and child about how to manage the condition and things to consider.