

Covenant School of Nursing
Instructional Module: 1
Topic: Introduction to pharmacology for nursing:
Complementary and alternative therapies in pharmacology

Learning Goals/Outcomes
Upon completion of this lesson, you will be able to: • Differentiate the terms <i>traditional medicine</i> and <i>complementary and alternative medicine</i>. • Describe some of the main reasons patients may turn to herbal products, either as supplements or as alternatives to traditional medicines and medical practice. • Recognize that herbal products usually do contain active ingredients, some of which can cause desired effects and some that can cause serious adverse effects or interact beneficially or not with prescribed FDA-approved drugs. • Explain the regulation of herbal supplements, quality certification programs, standardization of dietary supplements, some commonly used dietary supplements and harmful supplements that should be avoided.
Pre-Class Preparation
Required: • Textbook reading: Lehne, R.A. (2019). <i>Pharmacology for nursing care</i>. (10th ed.)- Ch. 108 • Potter & Perry, 10th ed., Ch. 32 Additional Resources: • https://nccih.nih.gov/ • http://www.webmd.com/balance/what-is-alternative-medicine • https://www.mayoclinic.org/healthy-lifestyle/consumer-health/in-depth/alternative-medicine/art-20045267 • https://www.youtube.com/watch?v=c1hwZWGSuNE - (start video at minutes1:33)
Learning Activities
Classroom Activities: • PowerPoint discussion
Evaluation Methods
• End of Course Comprehensive Pharm Exam

Texas DECs	QSEN Competencies
Knowledge:	Patient Centered Care; Teamwork & Collaboration;

IA:1-4; 1B:1 IIA:1-4; IIC: 3,4 IIF:1-3; IIIA1-6; IIIB: 1-6; IVA: 4,5; IVB: 1,2 Clinical Judgments and Behaviors: IA:1-3; 1B:2,3; IIB: 1-4; IIC: 1,3-4,7; IIF: 1-6; IIIA: 4,5; IIIB: 1-9; IV 1-3: IVB: 1,3	EBP; Safety
IM Student Learning Outcomes	NCLEX Test Plan
2, 3	Management of Care; Health Promotion & Maintenance; Safety; Pharmacological and Parenteral Therapies
Concepts	Faculty
Health Promotion; EBP; Patient Education; Patient Centered Care; Safety; Quality Improvement	J. Wolfe, MSN, RN, CNE
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Instructional Module (1) Learning Guide

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