

Sim Reflection

I went into SIM feeling pretty nervous because of course I overthink everything! Especially just wanting to make sure that what we had to turn in was done correctly. We knew going in that we would be moving around into different rooms going over different things, which I really liked because we weren't just sitting, we were up and going being engaged in different ways. I was glad to be given the opportunity to get my CPE out of the way with Mrs. Leavell. Starting off with Mrs. Kensing, getting to go through all the different diagnosis and talk about the different nursing interventions, exploring why some things would work and why we wouldn't go with other nursing interventions. Pretty much talking it out and realize how some of the things we already are doing, just not realizing that it's being done. I enjoyed Mrs. Whitley reenforcing what it is we know about chest tubes, and how to assess and take care of a patient with chest tubes. Going into more detail about how to handle traches and what to expect with them. Mrs. Duriex helping us with more critical thinking skills, going into detail on how patients should be prioritized and why. Which helps me out because in wanting to make sure I get everything covered, I miss those small things that can get me in trouble. For example, we went over how one of our patients had a dressing that was bleeding after surgery, what our nursing intervention would be? Immediately thinking that I would assess it, change it, and let the physician know. I'm upset that I should've known better, but because of today, I am fully aware that I can assess it but NEVER change it until a physician takes a look. I really enjoyed the matching game we did with Mrs. Howard, especially because I am such a visual person. It gave me ideas on how I can also do something like this at home. What I was expecting was not at all what I had in mind, the outcome was even better! It also helped with bringing some things into perspective. I was afraid of not knowing enough, or having the wrong answers, but instead I walked out with a better understanding on different topics. I enjoyed SIM today, it was a great way to start off the week!