

Step 1 Description: I have my clinical rotations currently at Covenant Medical Center. My schedule is to do 10 shifts of 12 hours in instructional module 8. I won't finish until the end of March. I have never worked as a nurse aide or nurse tech, so I was scared and nervous. I had a fear of not doing things the absolute correct way. This was a huge step for me to now transition slowly into the role of being a nurse along with my preceptor. The result so far in these 5 shifts I have completed have been amazing and just seeing how far I have come along. I'm amazed by my preceptor because she is a hard-working nurse who not only teaches me everything but has the patience too.

Step 2 Feelings: At the beginning of my journey, I was terrified because I had no idea what to expect during my clinical shifts. So far, those feelings have drifted because each day just gets better. I now feel more confident with my preceptor as she has taught me many skills by now. These clinical shifts really do help us get better with our socialization skills and become better communicators. The most important emotion I have so far is feeling the motivation to continue learning all our nursing skills and getting better at them. This is an important feeling to help us as students gain the confidence in doing these skills as future nurses.

Step 3 Evaluation: So far, these clinicals have not been a bad experience but instead a great experience. I thought it would be hard doing a 12-hour shift but the day goes by so fast since there is so much to do. I have learned many skills that I have not done or just didn't do in a while. This helps us relearn the skills we had learned in previous modules. I have put my effort in clinicals to be the best I can be and stay focused. As a student we should be engaged to anything occurring on the unit we're on to learn and see what's going on with our patient's care.

Step 4 Analysis: I can apply to this situation from previous modules experiences of doing vital signs, blood sugars, and medication teaching to patients. I feel that I had some practice in that which has helped me deliver patient care correctly. These clinicals help us transition into a nurse with much more skills than before. The impact of this experience so far is amazing because we get to see what happens in a 12-hour shift in our unit. We weren't used to long days at the hospital but now we can get the feeling of how it will be once we start working. We get to see how a real nurse's day goes during a whole clinical shift.

Step 5 Conclusion: I'm slowly getting to meet everyone and speak to them daily on how they do things on the unit. I have learned so much during these clinical shifts. I have done blood draws, used a bladder scanner, oral trach care, and so much more. These shifts are tiring but worth it because I'm a hands-on learner. Just getting to do everything with my preceptor helps me get that practice I need to become a better graduate nurse. There's nothing I would do differently in this situation because everything is going perfect.

Step 6 Action Plan: Overall, this situation has been amazing just getting to know the unit I'm on. There are so many things a student nurse can practice and do on this unit. Things I didn't know in the past, I can now say I have at least done it once. This unit has showed me that confidence will grow with time as we progress into our nursing career. My preceptor has given me great feedback on how to be a better nurse. She is knowledgeable and has grown so much as a nurse. I pray and hope I can be like her and have that confidence. I can apply all what I have learned into

my future nursing career. This experience will further improve my practice because I get to see how everything is done the correct way or many ways you can do things.