

Step 1 Description: For instructional module 8, I must complete 10 12-hour shifts. I have been looking forward to this module for a while now because I knew I was going to learn a lot more during clinicals. I am most excited to get to practice more on my skills. My preceptor for clinicals is awesome. He has taught me so much! I explained to him that I have never really worked in a hospital setting before nursing school and he assured me that I would get the hang of it. The result has been awesome, and I am looking forward to my next shifts!

Step 2 Feelings: At the beginning, I was feeling nervous about how these shifts were going to go. I was thinking that I was just going to mess up and be in the way. This event has made me feel a little stressed because it made me realize how close I am to becoming a real nurse. The words from my preceptor have been encouraging and this makes me feel better and less stressed. I think the most important emotion I have about this is stressfulness, but also, being excited.

Step 3 Evaluation: What has been good about this event has been the motivation I have gained. I can't say anything has been bad so far because I try not to focus on that stuff. I also can't say anything has been easy as well. It is a lot to learn, but I am confident that I will be able to do this. I think the most difficult thing has been trying to remain organized, but my preceptor has been helping me in that area. He shows me how he usually organizes his care for patients, which helps me out. I think the communication between my preceptor, and I is a big thing that has been going well. I have contributed by helping take care of patients and I think it has been going great!

Step 4 Analysis: I have been applying all the knowledge I have gained throughout this nursing program. I always look back on module 2 when I am completing skills or looking back on what I learned about disease processes. Although I got to attend clinicals in past modules, I think this module has been my best. I get so much time to learn skills and talk to my patients. This is preparing me to transition into becoming a real nurse. The impact of the different perspectives is just another thing that is helping me learn about the kind of care I plan to give in the future as a nurse.

Step 5 Conclusion: I think I can make this situation better by having more confidence. As a student, I still feel a little unprepared, but I realized that this module is supposed to prepare us for that. I noticed that when I have confidence, my day goes way better. I don't think others can make my experience any better than they already have! The floor I am working on has great staff and my preceptor is a great teacher. I have learned that sometimes it is okay to make mistakes because that is how we learn. I also learned that I should not let one little mistake ruin my day because I am here to learn.

Step 6 Action Plan: I think overall, this experience has been great! This module really allows a me to practice everything that has been taught to me. There have been many lessons learned from these past shifts and I am looking forward to learning more. These lessons have made me think about what kind of nurse I am going to be. I have learned that professional practice is very important when working in the medical field. I also learned something about myself along this journey and that is I am more than capable of doing this job. I will use this experience in the future by looking back on these shifts and applying the knowledge I gained. Overall, this experience has been amazing!