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CSON IM8

03 March 2022

Reflection 1

As of today, 03/02/22, I have completed four days of clinical hours on HC5. I love working alongside my Preceptor RN Haley as she is extremely nice and most importantly patient with me as I learn and grow my skills within the hospital. Going into clinicals I was indeed nervous to officially start the 12 Hour shifts, however when you get to perform all the care needed for all of our patients, the time does indeed go by fast. However, around the 10th hour mark I can feel that I am approaching my wall and need to consume a drink or snack to progress.

I love HC5 as they operate like a team, and coordinate when they take their lunches and breaks, and truly take care of themselves and help their team when needed as well. I also feel like I learn a lot when I get to perform IV blood draws or IV's, to SBAR and communicating my personal report to the next shift. I am starting to actually feel like a nurse, and it is so fun that this will soon be my job in the future. The next learning objective I will encounter this week will be operating and learning the new Epic software that will be out the next time me and my preceptor return to work. I will get the opportunity to learn the system early on and get an idea of what the future looks like for Covenant employees charting information within the system. As on now, I've been charting for 2 pts completely and it has been a bit hectic as I feel like I am always "behind" on charting but on time with care provided in person. Overall, I am still getting into my workflow and what works for me, I try to practice as if I have my RN license and develop healthy work habits for my future. I look forward to continuing to care for my pts and working

with the awesome HC5 team members as they are truly what makes working there a fun and happy experience.