

Adult/Geriatric Critical Thinking Worksheet

Student Name: Adela Martinez

Unit: S8

Pt. Initials: S

Date: 3/1/2022

1. Disease Process & Brief Pathophysiology

A UTI also known as a urinary tract infection is an infection of any part of your urinary system. It is caused by bacteria entering the urinary tract and causing inflammation.

4. Diagnostic Tests pertinent or confirming of diagnosis

UA

2. Factors for the Development of the Disease/Acute Illness

age

ecoli

cauti

diabetes

history of kidney problems

5. Lab Values that may be affected

+Wbc

CLOUDY

+ NITRATES

RBC

3. Signs and Symptoms

bladder irritability

dysuria

hesitancy

confusion

incontinence

nocturia

urinary frequency/urgency/urinating in small volumes

6. Current Treatment

ceftriaxone

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7. Focused Nursing Diagnosis:

Patient potential for falls

8. Related to (r/t):

due to impaired balance or unsteady gait occurring with decreased LOC

9. As evidenced by (aeb):

confusion

unsteady gait

10. Desired patient outcome:

Keep pt free of trauma caused by gait unsteadiness, Before hospital discharge, pt will demonstrate proficiency with assistive devices.

11. Nursing Interventions related to the Nursing Diagnosis in #7:

1 .Incorporate a fall risk assesment tool into the pt plan of care that includes appropriate interventions such as lifting/transferring / mobilization aids and techniques with the appropriate amount of assistance

Evidenced Based Practice:

assesment and documentation of the pt fall risk by armband , wall place card and care plan provide added insurance in helping prevent injury resulting from falls

2. assist pt as needed when gait is unsteady. instruct pt to ask or call for assistance with ambulation

Evidenced Based Practice:

these measures minimize risk for falls by providing assistance and surveillance

3. orient pt to their surroundings . keep necessary items including water, snacks, phone and call light within easy reach

12. Patient Teaching:

1. teach , reinforece, and encourage use of an assistive device such as a cane, walker, or crutches

2. teach pt to maintain sitting position before assuming standing position for ambulating

3. teach pt excercises that strengthen muscles for using walker. teach safe use of transfer or sliding boards

13. Discharge Planning/Community Resources:

1. review with the pt and significant others potential safety needs at home (maybe set up home health visits to identify hazards as well)

2. seek referal for PT as appropriate

3. contact case manager for financial help with assistive devices

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Evidenced Based Practice:

these measures minimize the risk for falls as a result of strange environment, unfamiliarity with such items as the call light and the need to walk to get them

