

Covenant School of Nursing Reflective

Use this template to complete the Reflective Practice documentation. Do not exceed the space in each box. Any information not visible to you is lost.

<p>Step 1 Description</p> <p>This week in clinicals I had the opportunity to administer more medications than the previous two modules. I administered several PO meds and a few IVP and IVPB. I gave meds once with my instructor and several other times with my TPCN I was shadowing. I not only gave meds to my primary and secondary patients I also assisted my TPCN with her other patient's medications.</p>	<p>Step 4 Analysis</p> <p>This week was a lesson learned in double and triple checking my medications against the EMAR to make sure I have selected the correct medication for the patient. While I knew that it was something we are supposed to do this mistake helped to reinforce the importance behind double and triple checking the correct medication.</p>
<p>Step 2 Feelings</p> <p>As usual as the beginning I was nervous to administer meds with my instructor out of fear of making a mistake. I do try my best to push those feelings aside and logically think through what I am preparing so that I can be confident in following the correct steps for each med.</p>	<p>Step 5 Conclusion</p> <p>The situation over all was not a bad experience even with the med error. Because my instructor did not berate me or make me feel dumb for my mistake, I did not have a negative mind space. What I could have done better was to check the name of the medication against the list of medications my patient had. I also needed to pull the drawer out completely to see all the available drug options in the drawer.</p>
<p>Step 3 Evaluation</p> <p>While I was with my instructor, I did make the mistake of pulling the incorrect medication from the pixus. Overall medication administration has been feeling much easier to do and to understand. The amount of practice I have gotten so far in this modules clinicals has tremendously helped, along side calm and reassuring role models. All of the nurses I have had so far have not rushed me to give a med or set up a med which helps me to really focus on what I am doing and why I am doing it.</p>	<p>Step 6 Action Plan</p> <p>Next time I pull meds I will always double check the name and dosage amount. I implemented this the next clinical day when I was pulling meds for a different patient. I also made sure to pull all drawers out all the way from the pixus when taking out meds. In the future I will continue to think back on this learning experience to avoid further medication mistakes for the patients safety.</p>

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