Surgery Work Sheet- Madison Billingsley

1. Type of Surgery and explain in <u>YOUR</u> words about the surgery.
   a. Right total knee arthroplasty. This is a procedure done to replace the knee after years of damage, typically from arthritis.
2. What were the medical reasons/cause for the surgery?
   a. My patient suffered from osteoarthritis, which means the wearing down of joints and bones.
3. From the History and Physical of the patient, what could contribute to any postoperative complications?
   a. My patient had a history of obesity and coronary artery disease that could lead to a complication post-op.
4. From the complication list TWO nursing interventions.
   a. It would be most helpful to education this patient on diets, exercising and weight loss. Patient must exercise immediately after a total knee replacement to avoid blood clots. If the patient is obese, it makes it more difficult to move.
   b. This patient would also benefit from being educated about how stress can worsen coronary artery disease by raising the blood pressure. Stress coping mechanisms should also be involved in this.