

Meredith Edwards

Module 3- Mrs. Kensing

OR Clinical

March 1, 2022

**1. What procedure was observed today?**

I observed a Laparoscopic Bilateral Direct Inguinal Hernia repair of a 64 y/o male.

**2. Why was this procedure done on the patient?**

The patient reported pain in the left side of the groin area for the past 4 months.

**3. What are some complications that were observed in the H&P?**

Patient is current tobacco user of both snuff and cigarettes, and a daily drinker of alcohol. The patient is diagnosed with hypertension as well and is prescribed Lisinopril 5mg daily.

**4. What are 2 nursing interventions that should be taught to this patient?**

Encourage and teach the importance of ambulation to prevent air embolism, work off the air that was placed in the abdomen during surgery, aid with constipation from pain medication and prevent pneumonia.

Teach the patient about their pain medication, and to take it as prescribed to help control his pain level once discharged from day surgery.