

**Instructional Module 6
Obstetrics Community Clinical Experience**

Community Site: Dr. Zavala

1. What did you observe during the day? Were there any specific procedures that were able to participate in or observe?

I observed several cervical exams and pap smears throughout the morning. I also observed and assisted with GBS swabs as well as a uterine biopsy to test for cancer. During the afternoon, I assisted Dr. Zavala with implanting a Mirena IUD and Nexplanon. I was also able to observe my first ultrasound; the baby was in the third trimester.

2. What was the best/most interesting part of the experience?

The most interesting part of my experience with Dr. Zavala was definitely assisting her with inserting/implanting the two different birth controls. She used the ultrasound to guide her while inserting the IUD to make sure she was placing it in the correct spot which I got to observe. I myself have an IUD so it was interesting to see what it looks like and where it's going on another person because I was unable to watch my experience due to laying down on the exam table.

3. Is a community nursing position something that you would consider working in? Why or why not?

I do not see myself working in a community nursing position during the beginning of my practice because I would like to be "thrown in the fire" so that I am able to learn and absorb as much information as possible to mold me into an experienced nurse. I am more interested in a faster paced environment with more critical patient to take care of; however, I am not opposed to considering it further into my career possibly if I get burned out or need a better schedule for my family.

4. Do you feel like this community site met the needs of the population they serve? Why or why not?

I do feel like Dr. Zavala's clinic meets their patients' needs. Dr. Zavala takes extra time to make sure she answers every patient's questions and explains all of their options thoroughly to them. Dr. Zavala took care of every patient's needs confidently and developed plans with her patients that made her team as well as the patient comfortable.

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5. Did you witness patient teaching? What general things were taught to this population? Do you feel that patient teaching in this community site was adequate? Why or why not?

I witnessed some sort of teaching with every single patient Dr. Zavala and I saw. She taught about a variety of things based off of what the patient was in the clinic for such as what GBS is and the treatment for it, treatment options for PCOS, what signs & symptoms to watch for with menopause, what makes a patient a good candidate for a VBAC, the list could go on. This teaching was adequate for the population coming into the clinic because it was answering direct questions that the patients had for Dr. Zavala as well as giving them extra information so the patients were aware of all of their options.