

<p>Step 1 Description In clinicals I had the opportunity to change a central line dressing. I was in the room with the patient and the RN I was to shadow for the day. The nurse watched and assisted as I prepared, changed, and disposed of the dressing. This was my first on a live patient and I believe it went well.</p>	<p>Step 4 Analysis I applied to this skill my knowledge of CVAD dressing changes from simulation practice. In Module 2 we did a lot of central line dressing changes making the skill a more comfortable one. I also knew what not to do from my practice in simulation and the complications my mistakes can have on the patient.</p>
<p>Step 2 Feelings At first, I panicked I slightly because it has been awhile since I have done a central line dressing change. I was nervous to mess up or to not keep my field sterile. At the time I was trying my best to remember every single step and the advice I was given in module 2. The most important feeling I had was the determination to succeed for the patient, instead of the feelings of apprehension to make sure I did it correctly, for his safety.</p>	<p>Step 5 Conclusion When I sterile gloved both times it did go as smoothly as I would like I know that I could have done it better. I remained sterile but I would like to make the skill even stronger so there is no question in sterility. I would also have liked to do the dressing change in the way that I did it in simulation. I liked my set up and routine there. In the hospital I did it according to the nurse and it did through me off just a bit. However I did learn that you have to be flexible in the situation you are given and remain successful.</p>
<p>Step 3 Evaluation The easiest part surprisingly was placing a new dressing over his central line. The hardest part turned out to be taking the dressing off and cleaning the area around the line placement. I felt bad because I thought I may have hurt the patient while scrubbing the site because he winced as I started to clean. The worst part for me was knowing it caused him pain. But it was great to see a clean dressing after we were done.</p>	<p>Step 6 Action Plan In the future I will have better practice with changing a dress on a central line so that I do not become nervous when asked to do one. I also will establish my set up to my liking to be successful each time. I would use this experience in the future to remind me of the things I wish I had done differently. And appreciate the nurse I had assisting me because she did not rush nor ignore and of my questions, she was very helpful.</p>

