

Use this template to complete the Reflective Practice documentation. Do not exceed the space in each box. Any information not visible to you is lost.

<p>Step 1 Description My patient come in from a nursing home where she had a fall, she just got back from having her hip surgery. I got report from the PACU nurse and she stated she gave her 1 mg of Morphine for the pain. When I went to assess my patient, I discovered her blood pressure was low, high heart rate, high respiratory rate and lowering oxygen. When assessing the patient, they stated to be dizzy. I went to assess both of her legs; everything was equal and bilateral. When I assessed her surgery site and JP drain, she did have some blood but nothing significant. While talking with my fellow nurse we decided to notify the doctor about the concerning vital signs.</p>	<p>Step 4 Analysis I know that being able to assess the patient and ask question we can figure out a lot. Being able to look at the evidence that is being presented from the patient, meaning lab value, vital signs the signs and symptoms that the patient is showing. We can start to think about what could be happening and why. This can also help us think about what else could happen and what other action needs to be taken. It was helpful to talk through all the mistakes to see what could have gone better or what we could have changed. Being able to talk with our peers and hearing what they would have done also helps to think about what we could add to become better student and nurses.</p>
<p>Step 2 Feelings At the beginning me and the nurse went in with a plan and began to assess. When discovering the abnormal vitals, I was thinking about possible infection or bleeding. I knew that she just came back from surgery and the vital signs meant something was happening within her body that I could not physically see with my eyes. My thought at that time were to get the doctor involved. I believe me and my fellow nurse had the right idea about being concerning and acting on it. At the end of it I believe we assessed while saw the signs right away, but we need to become more confident in our skills with the iv pump.</p>	<p>Step 5 Conclusion The issues we experienced were user error, not being able to properly work the equipment, this was frustrating at the time, but it become a good learning opportunity. This learning experience showed us we do know how to properly assess the patient and when action needs to be taken. One thing I can take away from this experience is learning how to work equipment and when calling a physician, we need to read back the orders to make sure the patient is getting the proper dose. This also was an opportunity where we need to be confident to ask for help when we need to and not be afraid because the patient's safety is the priority.</p>
<p>Step 3 Evaluation I believe we went in with a solid plan, breaking up the assessment. We both assessed the patient saw the abnormal vitals and acted on it. Something that went bad was working with the pump and not hearing the proper administration rate for the fluids. It did not go as plan because of our issues with working the pump but we did catch on to needing to inform other people that something was going on with our patient, being able to catch onto those little things were important for delivering care to the patient. One thing I did not expect to happen was our issues working the pump and not hearing the proper order, we had to stop our sim, we did not get to give medication.</p>	<p>Step 6 Action Plan One thing we could have done differently is going to assess our patient before we pull the medication. This is so we can see if we need to hold or get another med. Overall, this was a beneficial experience and being able to critically think about why the patient is presenting with these symptoms and why this could be happening. It shows everything coming together, thinking about a disease the patient is here with and the disease process and what signs and symptoms can we expect to see and what can we do for treatment. This also showed we need to know how to think about what could be going on with the patient. I really enjoyed debriefing after each case, being able to go through what went well and what we could change and do better next time. Also being able to see the big picture and seeing it all come together.</p>