

## Covenant School of Nursing Reflective Practice

Use this template to complete the Reflective Practice documentation. Do not exceed the space in each box. Any information not visible to you is lost.

<p><b>Step 1 Description</b></p> <p>On the first day of clinical my nurse wanted me to do any skills I wanted. With the supervision of my nurse I was able to start a primary and secondary IVBB on our patient. This resulted in a successful medication administration.</p>	<p><b>Step 4 Analysis</b></p> <p>Having a patient not trust you impacts my perspective in the confidence I have in my abilities. In this situation it makes sense than an anxious patient may be apprehensive when the see students. Broader issues can arise if meds are hung wrong.</p>
<p><b>Step 2 Feelings</b></p> <p>In the beginning I felt a little apprehensive and nervous. While actually hanging the IV medicine I began to feel more confident because I knew exactly what I was doing. I feel relieved about the final outcome.</p>	<p><b>Step 5 Conclusion</b></p> <p>I learned to be more understanding and empathetic towards my patients. I could have made the situation better by explaining more of what I was doing. Next time I will explain that I have done this before.</p>
<p><b>Step 3 Evaluation</b></p> <p>We had some difficulty establishing trust with me as a student with the patient. I hung and administered the medications well. The nurse was calm and answered any question I had well.</p>	<p><b>Step 6 Action Plan</b></p> <p>In the future I will work on communicating in more detail to relax my patient. I think overall the situation went very well, especially after the patient saw everything was done, and done correctly. I can use yesterdays experience to allow myself to be a more patient and explain things in more detail to apprehensive patients.</p>