

Why Nursing?

Meghan Schmitt

The past few years I have struggled to find a career that I was passionate about. I've always had a desire to help those in need and knowing that I can provide comfort and rehabilitation that will aid patients to overcome their medical conditions, has given me insight to knowing that I would be a great fit for nursing. Through my efforts to figure out that nursing was my ideal career path, I have taken courses in kinesiology and human sciences. This has allowed me to pull information from different scientific backgrounds to understand how and why our bodies work the way they do. I have completed a degree in Human Sciences at Texas Tech University and it gave me the opportunity to choose different concentrations that I could further look into, including: Human Development & Family Sciences, Human Sciences, and Health Professions. Within these concentrations I learned more spectrums of the healthcare field and it has positively influenced my decision to become a nurse. Not only has Texas Tech University guided me to pursue nursing, but I have multiple family members in the medical field and I have personal experiences related to healthcare and how it can alleviate pain for patients. My aunt is currently a Neonatal Nurse Practitioner, and I have had the ability to communicate her experiences and the environment of a nurse to better understand the type of personality and strength I need to continue to pursue this career. During these conversations I've come to realize that a nurse will assist those in dire conditions and they have to keep positivity for not only the patient, but the families as well, while completing tasks to the highest expectations with diligence and care. As I've considered working in healthcare, one factor that catches my eye is how dynamic the medical field can be. Research is continuously evolving providing new approaches in medicine and patient care. I've always wanted a career that was challenging, diverse and comprehensive. Nursing will meet these expectations while also providing me the opportunity to learn from every experience. Understanding the expectations and requirements to be a nurse, skills, such as: communication, teamwork, interpersonal, organizational and problem solving are very important. I've had the opportunity to gain said skills by becoming an officer in my sorority. With tasks given to manage members, finances, confidentiality and emotions, I can say that I have broadened my ability to be able to effectively communicate with patients and those that I work with in my career. Through education and activities that I have pursued in, I believe that I will be a great asset into the medical field as a nurse. Not only am I willing to continue my education and knowledge, but I am eager to care for those that need high-quality care.