

Student Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Instructional Module 6: Electronic Fetal Monitoring

Complete this during your labor and delivery experience and turn it in. Define any terms that you do not know prior to the completion of this assignment. Ask your instructor or TPC nurse to check over your findings as compared to the monitor strip you interpreted and comment on your findings below.

### Baseline Data:

Date/Time \_\_\_\_\_ Maternal HX: EDC: \_\_\_\_\_ G: \_\_\_\_ P: \_\_\_\_ L: \_\_\_\_ Induction/Spontaneous

Age: \_\_\_\_\_ Maternal VS: T: \_\_\_\_\_ P: \_\_\_\_\_ R: \_\_\_\_\_ BP: \_\_\_\_\_

Cervix: Dilation: \_\_\_\_\_ Effacement: \_\_\_\_\_ Station: \_\_\_\_\_

Membranes: Intact: \_\_\_\_ AROM (time): \_\_\_\_ SROM (time): \_\_\_\_ Color: \_\_\_\_

Fetal Presenting Part: \_\_\_\_\_ Medications (type, dose, route, time): \_\_\_\_\_

\_\_\_\_\_ Epidural (time placed): \_\_\_\_\_ BP post Epidural: \_\_\_\_\_

### Assessment (Interpret the FHR strip-pick a moment in time):

Contractions: TOCO: \_\_\_\_\_ IUPC: \_\_\_\_\_

Frequency: \_\_\_\_\_ Duration: \_\_\_\_\_ Intensity: \_\_\_\_\_

Fetal Heart Rate: US: \_\_\_\_\_ FSE: \_\_\_\_\_ Baseline: \_\_\_\_\_

Variability: \_\_\_\_\_ Early Decelerations: \_\_\_\_\_

Late Decelerations: \_\_\_\_\_ Variable Decelerations: \_\_\_\_\_

Accelerations: \_\_\_\_\_ FHR Category based on assessment: \_\_\_\_\_

### Nursing Plan/Interventions:

Describe the labor process and nursing care given:

Describe any Intrauterine Fetal Resuscitation measures utilized and reason:

### Delivery:

Method of Delivery: \_\_\_\_\_ Operative Assist: \_\_\_\_\_ Infant Apgar: \_\_\_\_/\_\_\_\_ QBL: \_\_\_\_\_

Infant weight: \_\_\_\_\_

**Reflection of Labor and Delivery Experience:**