

**Covenant School of Nursing
Instructional 1 Learning Guide
Topic: Health History & Health Assessment**

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| Learning Goals/Outcomes | |
| Upon completion of this lesson, you will be able to: <ul style="list-style-type: none"> • Understand the process of bowel and urinary elimination. • Determine factors affecting the elimination process. | |
| Pre-Class Preparation | |
| Required: Read <ul style="list-style-type: none"> • Potter, P., Perry, A., Stockert, P., & Hall, A. (2021). <i>Fundamentals of Nursing</i> (10th ed.) Chapter 19 – Nursing Assessment, pp. 211-226, Chapter 30 – Health Assessment and Physical Examination, pp. 516-5898, St. Louis, MS: Elsevier. • Review PowerPoint Slides Additional Resources: <ul style="list-style-type: none"> • None | |
| Learning Activities | |
| Classroom Activities: <ul style="list-style-type: none"> • Lecture • Group Discussion • In-class identification activity Laboratory/Clinical Activities: <ul style="list-style-type: none"> • Clinical assessment of bowel and urinary elimination Online: <ul style="list-style-type: none"> • None | |
| Evaluation Methods | |
| <ul style="list-style-type: none"> • Unit Exam • CPE & Simulation | |
| Texas DECs | QSEN Competencies |
| Knowledge: IA: 4; IB: 3, 7b, c IIB: 1,2,3; IIC: 1a, 2a, c; IID: 1a IIIA: 3; IIIB: 1a, b; IIIC: 2; IIID: 1c IVA: 5a; IVC: 4b; IVE: 1a Clinical Judgments and Behaviors: IA: 2; IB: 3a, b, c, 8 IIA: 2a; IIB: 1, 2, 3a, 5, 9; IIC: 1; IID: 2c IIB: 1, 2, 3a, 9; IIIC: 2a, b; IIID: 1, 2, 3 IVA: 2a; IVC: 2b, c; IVE: 1a | Patient Centered Care Safety |
| IM Student Learning Outcomes | NCLEX Test Plan |
| 1; 4; 8 | Management of Care: Client Rights; Health Promotion and Maintenance: Techniques of Physical Assessment |

| Concepts | Faculty |
|---------------------------------------|---|
| Health Promotion: Physical Assessment | Stunkard |
| Date originated: 5/2/18 | Revision Dates: 02/4/2019; 01/24/2022 |

Instructional Module 1 Learning Guide

Topic: GI Elimination

CSON Learning Guide (adopted 5-2015 by Faculty vote) – REV 9-2016