

**Covenant School of Nursing
Instructional 1 Learning Guide
Topic: Health History & Health Assessment**

Learning Goals/Outcomes
Upon completion of this lesson, you will be able to: <ul style="list-style-type: none">• Gather baseline data about the patient's health.• Determine appropriate use of assessment techniques.
Pre-Class Preparation
Required: Read <ul style="list-style-type: none">• Potter, P., Perry, A., Stockert, P., & Hall, A. (2021). <i>Fundamentals of Nursing</i> (10th ed.) Chapter 19 – Nursing Assessment, pp. 211-226, Chapter 30 – Health Assessment and Physical Examination, pp. 516-5898, St. Louis, MS: Elsevier.• Review PowerPoint Slides Complete <ul style="list-style-type: none">• The online assignments listed in the Learning Activities have a course due date that is documented in the Lesson information. It is recommended that you complete the activities prior to class for an introduction to the lecture.• An average score of 80% on each test in the assignment is required. Failure to complete the assignments by the due date will result in an absence – review your syllabus. Additional Resources: <ul style="list-style-type: none">• None
Learning Activities
Classroom Activities: <ul style="list-style-type: none">• Lecture• Group Discussion and practice in class (bring stethoscope and pen light to class both physical assessment classroom days) Laboratory/Clinical Activities: <ul style="list-style-type: none">• Physical Assessment Lab• Physical Assessment Clinical site with a diverse population• Simulation Online: <ul style="list-style-type: none">• Go to My Evolve<ul style="list-style-type: none">Select Clinical Skills: Skills for Nursing CollectionSelect Course ContentSelect Essentials CollectionSelect and complete the following modules:<ul style="list-style-type: none">--Head-to-Toe Assessment• **Please concentrate on <u>BASIC</u> skills when assessing the <u>ADULT</u> patient. (There are advanced skills shown in the video, which you will learn later and not need to perform in this class).
Evaluation Methods
<ul style="list-style-type: none">• Unit Exam• CPE & Simulation

Texas DECs	QSEN Competencies
Knowledge: IA: 4; IB: 3, 7b, c IIB: 1,2,3; IIC: 1a, 2a, c; IID: 1a IIIA: 3; IIIB: 1a, b; IIIC: 2; IIID: 1c IVA: 5a; IVC: 4b; IVE: 1a Clinical Judgments and Behaviors: IA: 2; IB: 3a, b, c, 8 IIA: 2a; IIB: 1, 2, 3a, 5, 9; IIC: 1; IID: 2c IIB: 1, 2, 3a, 9; IIIC: 2a, b; IIID: 1, 2, 3 IVA: 2a; IVC: 2b, c; IVE: 1a	Patient Centered Care Safety
IM Student Learning Outcomes	NCLEX Test Plan
1; 4; 8	Management of Care: Client Rights; Health Promotion and Maintenance: Techniques of Physical Assessment
Concepts	Faculty
Health Promotion: Physical Assessment	Stunkard
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