

Student Name: Nelga Pratt

Date: 1-22-22

Adult/Geriatric Critical Thinking Worksheet

1. Disease Process & Brief Pathophysiology-	2. Factors for the Development of the Disease/Acute Illness-	3. Signs and Symptoms-
Chronic Back and Neck pain Compound fracture	Poor nutrition Rheumatoid arthritis Paralysis of esophagus	Intense Pain Pain with movement Pain in left arm position ↑ HR Nausea + Vomiting Crying, anxiety
4. Diagnostic Tests pertinent or confirming of diagnosis-	5. Lab Values that may be affected-	6. Current Treatment-
CT Scan  My anxiety assessment guest has Xanax PRN for anxiety, once the pain medication started working the guest was much more relaxed.	H-H-H Low platelets	IV fluids IV morphine IV Zofran

Student Name: Megan Pratt

Date: \_\_\_\_\_

<p><b>7. Focused Nursing Diagnosis:</b> Pain, anxiety, Nutrition status</p>	<p><b>11. Nursing Interventions related to the Nursing Diagnosis in #7:</b> 1. Pain</p>	<p><b>12. Patient Teaching:</b> 1. Take medication as prescribed flu with surgeon for further evaluation. 2. Don't perform dangerous activities. <u>activities</u></p>
<p><b>8. Related to (r/t):</b> Pain related to complications of surgery. Some of the cement has leaked around vertebrae.</p>	<p><b>Evidenced Based Practice:</b> <u>quest</u> continue with pain medication educate quest on importance of pain medication</p> <p>2. Anxiety</p>	<p>3. Continue to wear brace while up to ↓ Pain</p>
<p><b>9. As evidenced by (aeb):</b> CT scan</p>	<p><b>Evidenced Based Practice:</b> 1. uncontrollable crying, needing to be consoled to relax, quest on xanax</p> <p>3. Nutrition</p>	<p><b>13. Discharge Planning/Community Resources:</b> 1. Contact surgeon office for follow up care.</p>
<p><b>10. Desired patient outcome:</b> Pt is free of pain and anxiety + nausea. Pt is to wear brace while up to ↓ pain.</p>	<p><b>Evidenced Based Practice:</b> Continue TPN, encourage patient to eat more and drink more.</p>	<p>2. Met with case worker and see if we could get quest some home health and therapy services.</p> <p>3. Evaluate quest family dynamic how much help do they have.</p>

## Adult/Geriatric Medication Worksheet – Current Medications & PRN for Last 24 Hours

<b>Primary IV Fluid and Infusion Rate (ml/hr)</b>	<b>Circle IVF Type</b>	<b>Rationale for IVF</b>	<b>Lab Values to Assess Related to IVF</b>	<b>Contraindications/Complications</b>
Click here to enter text.	<input type="checkbox"/> Isotonic <input type="checkbox"/> Hypertonic <input type="checkbox"/> Hypotonic	Click here to enter text.	Click here to enter text.	Click here to enter text.

Student Name	Unit:	Patient Initials:	Date:	Allergies:	Appropriate Nursing Assessment, Teaching, Interventions (Precautions/Contraindications, Etc.)
Megan Pratt				NONE	
<b>Generic Name</b>	<b>Therapeutic Reason</b>	<b>Dose, Route &amp; Schedule</b>	<b>Correct Dose? if not, what is correct dose?</b>	<b>Adverse Effects</b>	
C(Xanax) Alprazolam	Anxiety, Panic disorders,	po, tid	yes	CNS: insomnia, dizziness, CV: palpitations, chest pain, hypotension  EENT: allergic rhinitis, blurred vision  GI: diarrhea, dry mouth,	1. Avoid hazardous activities, that require alertness. 2. Avoid alcohol use while taking drug 3. Swallow extended- release tablet whole 4. Avoid using drug while pregnant.
Zofran	o prevent n/v from highly emetogenic	PO, IM, IV	yes	CNS: dizziness, fatigue, headache, malaise  GI: diarrhea, dry mouth,	1. An ekg may be needed to monitor heart rate and rhythm . 2. Report difficulty breathing after drug administration

## Adult/Geriatric Medication Worksheet – Current Medications & PRN for Last 24 Hours

Student Name Megan Pratt		Unit: Click here to enter text.	Patient Initials: Click here to enter text.		Date: Click here to enter a date.	Allergies: NONE	
Generic Name	Pharmacologic Classification	Therapeutic Reason	Dose, Route & Schedule	Correct Dose? If not, what is correct dose?	IVP – List diluent solution, volume, and rate of administration IVPB – List concentration and rate of administration	Adverse Effects	Appropriate Nursing Assessment, Teaching, Interventions (Precautions/Contraindications, Etc.)
		To prevent n/v from moderately emetogenic chemotherapy				CV: arrhythmia, chest pain GI: constipation, diarrhea GU: gynecologic Respiratory: hypoxia Skin: pruritus	3. Contact provider immediately if he experiences s/s of abnormal heart rate.
		To prevent postoperative n/v					4. Place medication on tongue allow to dissolve, then swallow .
		N/V during pregnancy					
Morphine	opiod analgesics	moderate to severe pain	po, iv, im,	yes		cns; dizziness, euphoria, lightheaded cv; bradycardia, cardiac arres	1. sit and stand slowly 2. Report difficulty breathing after drug administration 3. Contact provider immediately if he experiences s/s of abnormal respiratory rate. 4. do not drink alcohol while using this drug.

Student Name: Megan Pratt

Rotation	How many patients were under your supervised care? Briefly describe what was going on with your patients? Include age & sex, no initials please! What did you learn?	What skills did you have opportunity to perform? Ex: IV start, medication administration, V/S, teaching, assessment, etc..
Block/Week: 1-3 Dates: 1-14-22 Unit: AED Assigned Preceptor:	60 78 / 100% to monitor 60 yr old Female ROOM 44 SOB / pneumonia heart attack ROOM 42 72 / 78 / 97% / 16 - 68 yr old Female covid / pneumonia	IV push morphine Blood draws hooked guest-up to cardiac monitor
Block/Week: Dates: 1-15-22 Unit: AED Assigned Preceptor: Other Preceptor:	48/M - chest pain, admitted to monitor for possible heart attack, stable 71 M - Bumipinone irrigation - UA sent off IM rocephin ordered	Covid Test Started IV, IV fluids Draw Blood PT teaching

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Rotation	How many patients were under your supervised care? Briefly describe what was going on with your patients? Include age & sex, no initials please! What did you learn?	What skills did you have opportunity to perform? Ex: IV start, medication administration, V/S, teaching, assessment, etc..
Block/Week: Dates: 11/20/22 Unit: AED Assigned Preceptor: Theresa	30 yr male - DVT, Doppler Done, had previous DVT and did not know he had it. 42/m - SOB (Covid Allondism), eyes yellow given IV fluids, sent home Flu & PCP 28m - Strep for 2 weeks, has no antibiotics NO Strep, viral infection 64/F - Drug withdrawal, very confused, was given 175 of medication to calm her, diazepam had to be sedated	Draw Blood, Covid Testing Ekg, Waken ABG done, IV started on 2 pt
Block/Week: 23 Dates: 11/24/22 Unit: AED Assigned Preceptor:	C10 stomach pain (B) lower Quad 38 yr/F - Covid NIV   Cough, Pain 68 yr/m - possible renal failure, 36 yr/m - Chest Pain	DIC IV, hung IV fluid Gave Zofran IV. Gave IV Medications, IV fluids, Ekg, done, IV started