

Covenant School of Nursing Reflective Practice

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<p>Step 1 Description</p> <p>I am in my last semester of nursing school and we had to complete 120 clinical hours. I was assigned to do my preceptorship in Day Surgery. I was assigned to a preceptor, and I was the student nurse. In the morning, I would admit patients, and in the afternoon, I would take care of post op or post Cath lab patients.</p>	<p>Step 4 Analysis</p> <p>Being assigned to one nurse for 120 hours was very beneficial. I was able to see things from my preceptor's perspective that would help me understand things in a different way. I realized some things seemed not as important but were the most important and the things that seemed important were not as important. Also, I learned how to organize my day and what works for me.</p>
<p>Step 2 Feelings</p> <p>At the beginning, I was extremely nervous. I was nervous about the nurse I was assigned to because I have had bad clinical experiences. Also, I was nervous to be assigned to take care of patient by myself. I felt like I knew nothing. However, my experience was amazing. My preceptor was awesome. She was always encouraging and was ready to help me with any questions I had. I realized I knew more than I thought. I really enjoyed my time spent in Day Surgery.</p>	<p>Step 5 Conclusion</p> <p>Overall, I think my preceptorship went really well. I wouldn't change anything about my experience. However, I could have had more confidence and not so scared to do things but over time my confidence will build. The time I spent in Day Surgery, I learned how to admit patients what to look for, I got more experience communicating with doctors, and more experience talking to patients.</p>
<p>Step 3 Evaluation</p> <p>I had a positive and enjoyable experience in Day Surgery. My preceptor was encouraging and always ready to help. She was a really good teacher and just a fun person. She had great bedside manners and treated all of our patient's well. Since I am in module 8, my preceptor treated me like a nurse more than a student. I think it was difficult to have that much confidence in myself. Additionally, all the staff in Day Surgery were very nice and supportive as well.</p>	<p>Step 6 Action Plan</p> <p>For my future practice, I will have more confidence caring for my patients. I learned that my preceptor can really make or break your experience. With this experience, I will take several things I learned from my preceptor.</p>