

## School Nurse Experience Reflection Questions

1. How has your view of the student population changed?

I graduated high school in 2018, and a lot has changed within the student population. For one, I noticed the students are more involved in social media, such as Tik Tok. Also, I have observed that they do not respect authority as strictly and have a more careless morale.

2. How has your view of the school nurse role changed?

I originally viewed the role of the school nurse as being less involved than that of a bedside nurse in the hospital. Today, I learned that although there are differences in their daily responsibilities, school nurses are very involved in patient care.

3. What surprised you about the school nurse experience?

One thing that surprised me today was how much the school nurse handles the COVID cases. Throughout my time at the school, the nurse stayed on her computer/phone situating students' test results and quarantine dates. Luckily, there were two nurses working so while one was handling the COVID cases, the other was able to assess students.

4. What did you observe during your time there?

During my observation time this morning, not a lot happened. I was able to observe the nurses assess two patients: one with muscle pain in her leg and the other with anxiety. The nurses told me that they typically see 30-50 students daily and that today was one of the slowest days that they have had.

5. How was your experience different from what you expected?

My expectations for a school nurse were practically met. One experience that I did not expect to be involved was the amount of COVID paperwork the nurse had to complete. Although the nurse did care for students, majority of their time consisted of paperwork.

6. What are some of the needs/issues related to the health of the school age children that you may not have been aware of?

Before observing and speaking with the nurses today, I was unaware of how many high school-aged children are affected by anxiety. The nurses informed me that over half of the students that visit the nurses' office complain of anxiety and are referred to a school counselor.

7. Please list two developmental stages related to the population that you observed.

1. Erikson's Identity vs. Role Confusion- When observing the high school students interact with each other, it was clear to me that many of them were not comfortable with themselves and felt as if they did not fit in.

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2. Freud's Genital Stage- In high school, many of the students form relationships both romantically and platonically. As I was observing the students interact in the hallway, I noticed many couples holding hands and many friend groups socializing.