

Covenant School of Nursing
Instructional Module 5 Learning Guide
Topic: Child and Adolescent Disorders

Learning Goals/Outcomes

Upon completion of this lesson, you will be able to:

- Identify Autism Spectrum Disorder (ASD) and Attention Deficit/Hyperactivity Disorder (ADHD) when encountered in patient care.
- Compare and contrast Oppositional Defiant Disorder (ODD) with Conduct Disorder (CD).
- Discuss gender dysphoria in children and adolescents.
- Identify signs of childhood depression, adolescent depression & suicide.
- Differentiate between various types of eating disorders.
- Choose effective treatment for patients with these disorders.
- Use therapeutic communication while providing nursing care to patients with these disorders.

Pre-Class Preparation

Required: Hockenberry, M. J., Wilson, D. & Rodgers, C.C. (2022). *Wong's essentials of pediatric nursing* (11th ed.). St. Louis, MO: Mosby/Elsevier.

- Cognitive Impairment, pgs. 505-510.

Recommended:

- Anorexia Nervosa and Bulimia Nervosa, pgs. 460-463.
- Autism Spectrum Disorder (ASD), pgs. 521-524.
- Attention Deficit/Hyperactivity Disorder (ADHD), pgs. 439-441.
- Childhood Depression, pgs. 443-444.
- Adolescent Depression, pgs. 432-433.
- Suicide, pgs. 467-469.

Additional Resources:

- HESI Clinical Skills: Skills for Nursing Collection: Mental Health Collection
- HESI Case Studies & Practice Test: Psychiatric/Mental Health

Learning Activities

Classroom Activities:

- Discussion: What are the different types of therapy that may be used with these disorders?
- Watch several brief clips that distinguish the different disorders.

Laboratory/Clinical Activities:

- Apply theory to the care of a child/adolescent with ASD, ADHD, ODD, CD, depression, and/or suicidal ideation as well as eating disorders.

Online/Out of Class Activities:

- HESI Clinical Skills: Mental Health Collection: Attention Deficit Hyperactive Disorder: Adolescent Patients
- HESI Clinical Skills: Mental Health Collection: Eating Disorders

<ul style="list-style-type: none"> • HESI Case Studies & Practice Test: Psychiatric/Mental Health: Attention Deficit Hyperactivity Disorder (ADHD) • HESI Case Studies & Practice Test: Psychiatric/Mental Health: Feeding and Eating Disorders
Evaluation Methods
<ul style="list-style-type: none"> • Unit Exam • HESI Specialty Exam: Pediatric Nursing

Texas DEC's	QSEN Competencies
Knowledge: IIB1, 3, 9; IIC 1b, 2b, 4b, 8; IIE4a, 6a. Clinical Judgment: IIB1-2; IIC1, 4; IIE1, 2b, 3b-6c, 9.	Patient-Centered Care, Evidence-Based Practice, Teamwork and Collaboration, Informatics, Safety.
IM Student Learning Outcomes	NCLEX Test Plan
1, 2, 5, 6, 8	Psychosocial Integrity: Behavioral Interventions, Crisis Intervention, Family Dynamics, Mental Health Concepts, Therapeutic Communication, Therapeutic Environment. Physiological Integrity: Basic Care and Comfort: Nutrition and Oral Hydration.
Concepts	Faculty
Cognitive Function, Moods and Affect, Safety, Nutrition, Clinical Judgment	D'Anne White MSN, RN
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