

## Reflection Week 6

### Step 1: Description

Today in clinicals I had a pretty hectic day but I enjoyed every bit of it. I had a patient who had a hemorrhagic stroke and the doctor did not want to do surgery due to how high risk it would have put this pt at. The first day her BP was at 223/97 which I had never seen a blood pressure look like that ever so it was pretty worrisome to me. I came in today and they had placed her on a cardene drip. We hadn't learned about these yet so u was very excited to get to see and learn all about it and the protocols that came along with it. My patients blood pressure all day was going up and down with a pretty high HR, which meant her heart was trying to compensate.

### Step 2: Feelings

At the beginning it was pretty scary not knowing what was going to happen next or if she was going to live. I had never seen anything like it before. But, at the same time it was a great experience to see something like that and be able to learn from it. My patient ended up being transferred to Pal Med so I got the ability to sit in on how the transferring works and I also gave my patient a bed bath before she went up there which made my heart very happy.

### Step 3: Evaluation

My patient was not awake or coherent the two days I had her and she was not going to make it long. It's something they do not teach you in nursing school, watching a patient slowly die and comfort their family in those times. Or how happy it makes your heart when your able to give her a bed bath because she can't give it to her self. It was pretty difficult to watch that but I learned so much from it all.

### Step 4: Analysis

Looking back and reflecting on my last week of clinicals. I learned so many amazing things that will carry on with me throughout nursing. This floor taught me so much and I formed so many great relationships that made clinicals that much more fun. Looking back on today being able to stand by my patients side until we transferred her because we did all we could as the nurses on our unit felt pretty dang great, and it was time for her not to suffer anymore.

### Step 5: Conclusion

I think this situation went the best it could have with the resources as a unit we had. We were told by a Dr. today that me and my nurse were taking care of an ICU pt on a med surg floor. I was pretty dang proud of us and how we were able to take care of her, going in and out of her room every 15 mins checking her blood pressure while also taking care of our other patients. It was all worth it and it made today that much more fun.

### Step 6: Action Plan

I can apply many things from today to future situations, but I think the main thing today would be to advocate for your patient. Because today they wanted to place an NG tube in her to give her one sodium medication and my nurse decided that was not the best choice in the patient's interest and it would really do nothing for her considering she was not doing very well so that is

when we decided Pal Med should be involved. It just showed that if you believe something is not in the best interest for the patient, say it. Stick up for them. Because in my patient's situation she couldn't speak for herself and her husband needed guidance and education.