

Adult/Geriatric Medication Worksheet - Current Medications & PRN for Last 24 Hours

Primary IV Fluid and Infusion Rate (ml/hr)	Circle IVF Type	Rationale for IVF	Lab Values to Assess Related to IVF	Contraindications/Complications
NS 50 mL/ hr	Isotonic <input checked="" type="checkbox"/> Hypotonic <input type="checkbox"/> Hypertonic <input type="checkbox"/>	Fluid replacement	Electrolytes	Renal failure, heart failure

Student Name: Kaytee		Unit: S8	Patient Initials: CD		Date: 1/18/2022	Allergies: Shellfish	
Generic Name	Pharmacologic Classification	Therapeutic Reason	Dose, Route & Schedule	Correct Dose? If not, what is correct dose?	IVP - List diluent solution, volume, and rate of administration IVPB - List concentration and rate of administration	Adverse Effects	Appropriate Nursing Assessment, Teaching, Interventions (Precautions/Contraindications, Etc.)
Cholecalciferol (vitamin D3)	Fat soluble vitamins	Treatment of Vitamin d deficiency	5,000 unit PO Daily	<input type="text"/>		Nausea, vomiting, constipation	<ol style="list-style-type: none"> 1. Store away from light and moisture. 2. Monitor for signs of hypocalcemia. 3. Report bone pain and weakness. 4. Encourage a balanced diet along with supplements.
Absorbic acid (vitamin C)	Water soluble vitamins	Treatment for vitamin C deficiency	500 mg PO Daily	<input type="text"/>		Nausea, heart burn, abdominal pain	<ol style="list-style-type: none"> 1. Do not crush or chew ER capsules. 2. Report flank pain. Can increase risk for kidney stones. 3. Encourage the patient to eat foods high in vitamin C along with the supplement. 4. Don't double dose. Excessive doses may lead to diarrhea.
Levothyroxine	Thyroid preparations	Hyperthyroidism	50 mg PO Daily	<input type="text"/>		Hair loss, sweating, chest pain	<ol style="list-style-type: none"> 1. Take on an empty stomach. 2. Store at room temp away from light and moisture. 3. Do not double dose. 4. Avoid grapefruit juice.

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Alprazolam	Benzodiazepines	Anxiety	0.25 mg PO Q6/ PRN	<input type="text"/>		Drowsiness, dizziness, increased saliva production	<ol style="list-style-type: none"> 1. May cause addiction. 2. Avoid alcohol. 3. call for help when getting up. 4. Do not double dose.
Amlodipine	Calcium Channel Blocker	Hypertension	5 mg PO QHS	<input type="text"/>		Lightheadedness, swelling of feet/ankles, palpitations	<ol style="list-style-type: none"> 1. Assess blood pressure before during and after administration. 2. Take as directed even if blood pressure is not high. 3. report irregular heartbeats, dyspnea, swelling. 4. Call for help when getting out of bed.
Montelukast	Leukotriene antagonists	Asthma, wheezing	10 mg PO QHS	<input type="text"/>		Sinus pain/swelling, muscle weakness	<ol style="list-style-type: none"> 1. Must be used regularly to work. 2. Take at the same time every day. 3. assess lung sounds and respiratory function prior to administration. 4. Monitor for Stevens-Johnson syndrome.
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