

Student Name: Jennifer Barborn

Date: 1/12/22

IM1 Patient Physical Assessment Narrative

Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation) abdomen soft non-tender³² Active bowel sounds x4 quadrants, (unny stool, brown + yellow,

Last BM 1/12/22 AM

Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) voids Amber, Denies odor and pain

Urine output (last 24 hrs) — LMP (if applicable) —

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities)

Skin warm, dry and intact, Color appropriate for race, walks with out assistance, gait steady, Graft to left leg 3 years ago - healed well, Stretch marks on both legs, abdomen, chest, AV fistula to left arm

Skin (skin color, temp, texture, turgor, integrity)

Skin warm, dry and intact; Stretch marks on both legs, abdomen, and chest

Wounds/Dressings

~~peri~~^{to} peripheral IV to right arm, no redness or swelling,

Other

Lives alone, planning to move to Lubbock with Boyfriend, Boyfriend has been staying with her in room and sleeps in ~~her~~ Hospital bed with her; sleeps all day, goes to dialysis 3x a week, for renal failure; does not adhere to recommended diet

Student Name: Jennifer Barboza

Date: 11/12/22

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

1330, Respiratory pneumonia Dx, flat affect, withdrawn, not friendly,

Neurological-sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

Alert and oriented to person, place, time and date. Pupil reactive to light. Moves all extremities on command. Hand + toe wiggle + grasp equally strong bilaterally. Coordinated movements, speaks English clearly. Pain at 7

Comfort level: Pain rates at 7 (0-10 scale) **Location:** lower back

Psychological/Social (affect, interaction with family, friends, staff)

Flat affect, little interaction with staff, interacts with boyfriend mainly, withdrawn.

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing)

Sclera clear & white w/o drainage, eegs symmetrical, auditory canals w/o drainage, hears well w/o difficulty, nasal septum midline, mucosa pink & moist, mucosa intact

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Chest symmetrical, trachea midline, respirations 16 & unlabored, breath sounds clear to auscultation; Breathing room air 99%

Cardiovascular (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

audible with regular rate and rhythm, radial pulses 2+ bilaterally with rate 88, pedal pulses 2+ bilaterally, no edema noted; nail bed pink capillary refill < 3 seconds

PERIPHERAL VASCULAR

3+ Bounding unable to occlude 2+ Strong able to occlude 1+ Weak palpable 0-Non palpable

Extremities: Pink Red Cyanotic Warm
 Cool Calf Tenderness/Swelling R L
 Ted Hose Y N SCDs Y N
 Plexipulses Capillary Refill: 23 Seconds
 Affected extremity pulse verified with Doppler Y N
 Pulses: Radial R 2+ L 2+
 Pedal R 2+ L 2+
 Post. Tib. R _____ L _____
 Comments: _____

NEUROLOGICAL/PSYCHOLOGICAL

Family at bedside: Y N
 Alert Oriented Confused Comatose
 Sedated Drowsy Cough Reflex Y N
 Follows Simple Commands: Y N Gag Y N
 Muscle Strength: (S-Strong, W-Weak, N-None)
 Grips: Rt. 5 Lt. 5 Pushes: Rt. 5 Lt. 5
 Comments: _____
 Response to Questions: Readily Slowly None
 Calm/Relaxed Quiet Withdrawn Friendly
 Restless Appro. for age Hostile/Angry
 Crying Anxious Concerned
 Facial expressions: Flat Responsive Grimace
 Seizure Precaution Sedation Vacation Done for Neuro Assessment
 Comments: _____

CARDIOVASCULAR

Edema: Generalized Dependent
 Pitting: Y N 1+ 2+ 3+
 Skin Turgor WNL Y N
 Abnormal Heart Sounds Y N
 Murmur Y N
 PPM Site: _____ Rhythm: _____

GASTROINTESTINAL

Nausea Vomiting Incontinent
 Stool Color yellow/brown Consistency _____
 Abdomen: Soft Firm Distended Guarding
 Bowel Sounds: Active Hypo Hyper Absent
 X 4 Quadrants Appetite: Good Fair Poor
 PEG NGT DHT R or L
 Comments: _____

SKELETAL

Moves Extremities: All RA RL LA LL
 Pain Swelling Stiffness Tenderness Weak
 Deformities Contractures Spasms Paralysis
 Amputation _____ Gait Steady Unsteady
 Comments: Graft to left by 34 yrs ago - well healed low back pain

PACER SETTINGS

None
 Rate _____ MA: A _____ V _____
 Sensitivity _____ Mode _____
 Transvenous @ _____ cm Site _____
 Epicardial wires Y N
 Permanent Pacemaker Site _____
 Left subclavicular Right subclavicular

GENITOURINARY

Urine: Clear Sediment Cloudy Yellow
 Amber Bloody Voids
 Foley Size _____ Fr Insertion Date _____
 Urostomy BRP Urinal/Bedpan BSC Incontinent
 Comments: _____

EYES, EARS, NOSE, THROAT

Sclera: White Yellow Red
 Scleral Edema: Y N Sore Throat: Y N
 Nasal Drainage: Y N
 Comments: _____

INCISIONS/WOUNDS/DRAINS

None
 #1 Location: _____
 Sutures Staples/Clips Retention Sutures
 Reddened Swollen Drainage/Color _____
 Open to Air Dressings _____
 Comments _____
 #2 Location: _____
 Sutures Staples/Clips Retention Sutures
 Reddened Swollen Drainage/Color _____
 Open to Air Dressings _____
 Comments _____
 #3 Location: _____
 Sutures Staples/Clips Retention Sutures
 Reddened Swollen Drainage/Color _____
 Open to Air Dressings _____
 Comments _____
 #4 Location: _____
 Sutures Staples/Clips Retention Sutures
 Reddened Swollen Drainage/Color _____
 Open to Air Dressings _____
 Comments _____

ARTERIAL AND VENOUS SITES

A-Without Redness or Swelling B-Redness C-Swelling D-Dressing

Jugular R L Start: _____
 Subclavian R L Start: _____
 PICC R L Start: _____
 Peripheral R L Start: _____
 Peripheral R L Start: _____
 Arterial Line R L Start: _____
 Femoral Radial
 PA @ _____ cm R L Start: _____
 Hemodialysis Access Location _____
 Graft AV Fistula Thrill Bruit

PULMONARY

Respirations: No Distress SOB Labored
 Accessory Muscles Shallow Apnea Tachypnea
 RA O2: _____ NC Venti Mask Trach Collar
 Non rebreather T-Piece Ventilator: BiPAP/CPAP
 # _____ ETT @ _____ cm # _____ Shiley Trach
 BVM at bedside Y N
 Obturator at bedside Y N
 Cough: Productive Non Productive None
 Secretions: Color _____ Consistency _____
 Amt. Copious Moderate Minimal
 Comments: _____

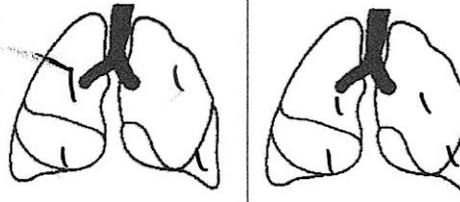
CHEST TUBES

None
 #1 Pleural Mediastinal L R
 Suction Gravity
 Drainage Color: Serous Sanguinous _____
 Air-leak Y N Pleuravac Thoraseal
 Comments: _____
 #2 Pleural Mediastinal L R
 Suction Gravity
 Drainage Color: Serous Sanguinous _____
 Air-leak Y N Pleuravac Thoraseal
 Comments: _____
 #3 Pleural Mediastinal L R
 Suction Gravity
 Drainage Color: Serous Sanguinous _____
 Air-leak Y N Pleuravac Thoraseal
 Comments: _____

SKIN ASSESSMENT

Skin Intact
 Skin assessment codes:
 1. Abrasions 2. Decubitis 3. Bruises 4. Incision
 5. Redness 6. Edema 7. Rash 8. Lacerations
 9. Petechiae 10. Hematoma 11. Blister 12. Stoma
 13. Sutures 14. Staples 15. Other: skin graft
 Skin Color normal for patient
 Pale Cyanotic Jaundice
 Shiny Clammy Cool
 Diaphoretic
 Braden Scale Score _____
 If Braden Scale \leq 18 initiate Skin Care Protocol
 Comments: Stretch marks on legs (both)

LUNGS: 1. Clear (Normal) 2. Crackles 3. Wheezes 4. Diminished 5. Absent 6. Rub



CHEST TUBES

None
 #1 Pleural Mediastinal L R
 Suction Gravity
 Drainage Color: Serous Sanguinous _____
 Air-leak Y N Pleuravac Thoraseal
 Comments: _____
 #2 Pleural Mediastinal L R
 Suction Gravity
 Drainage Color: Serous Sanguinous _____
 Air-leak Y N Pleuravac Thoraseal
 Comments: _____
 #3 Pleural Mediastinal L R
 Suction Gravity
 Drainage Color: Serous Sanguinous _____
 Air-leak Y N Pleuravac Thoraseal
 Comments: _____