

## Adult/Geriatric Medication Worksheet - Current Medications & PRN for Last 24 Hours

Primary IV Fluid and Infusion Rate (ml/hr)	Circle IVF Type	Rationale for IVF	Lab Values to Assess Related to IVF	Contraindications/Complications
D51/2NS with 20 mEq KCL	Isotonic <input type="checkbox"/> Hypotonic <input type="checkbox"/> Hypertonic <input checked="" type="checkbox"/>	Hypokalemia	Sodium, potassium	Contraindicated with burns and trauma

Student Name: Kaytee Hays		Unit: Lab	Patient Initials: Click here to enter text.	Date: 1/10/2022	Allergies: Click here to enter text.		
Generic Name	Pharmacologic Classification	Therapeutic Reason	Dose, Route & Schedule	Correct Dose? If not, what is correct dose?	IVP - List diluent solution, volume, and rate of administration  IVPB - List concentration and rate of administration	Adverse Effects	Appropriate Nursing Assessment, Teaching, Interventions (Precautions/Contraindications, Etc.)
Dexamthasone	Anti-inflammatory	Reduces inflammation, adjunctive therapy for N/V from chemo	4 mg IVP	<input type="checkbox"/>	undiluted- push over 1-4 mins incompatible with D51/2NS 20 mEq KCL	Hypertention, muscle wasting, blurred vision	1. increase risk of hypokalemia 2. may cause hyperglycemia 3. may cause immunosuppression 4. report dark tarry stools
Metoclopramide	Prokinetic	Prevention/treatment for nausea and vomiting	10 mg IVP	<input type="checkbox"/>	10mg/2mL with NS over 1-2 minuets Compatible with D51/2NS with 20 mEq KCL	Tardive dyskinesia, drowsiness, restlessness	1. assess N/V and bowel sounds before and after administration 2. Teach patient to avoid alcohol 3. report any uncoordinated movements(BBW) 4. assess for extrapyrimidial side effects (parkinson s/e)
Morphine sulfate	Opioid	Moderate-severe pain	0.5 mg IVP- PCA	<input type="checkbox"/>	patible with D51/2NS with 20 mEq KCL	Respiratory depression, constipation, cardia arrest, nephrotoxicity	1. Report urinary difficulty and constipation 2. May cause severe respiratory depression 3. Teach the pt that they are the only ones that can andminister the medication

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							4. May cause drowsiness or dizziness
Phosphate sodium	Phosphate supplements	Treatment of phosphate depletion	250/164mg PO			Diarrhea, abdominal pain, hypernatremia	<ol style="list-style-type: none"> <li>1. acute phosphate nephropathy( BBW)</li> <li>2. when used with corticosteroids may result in hypernatremia</li> <li>3. monitor daily weight and I&amp;Os</li> <li>4. may cause hypocalcemia</li> </ol>
Potassium chloride	Mineral/ electrolyte replacement	Treatment/ prevention of potassium depletion	40 mEq PO			Abdominal pain, flatulence, nausea	<ol style="list-style-type: none"> <li>1. administer with meals to decrease GI irritation</li> <li>2. advise patient to prevent excess potassium intake</li> <li>3. report dark, tarry, or bloody stools</li> <li>4. monitor for hyperkalemia</li> </ol>
Lactulose	Osmotic/ laxative	Treatment of constipation	10 mg PO TID			Cramps, flatulence, diarrhea	<ol style="list-style-type: none"> <li>1. Assess for abdominal distention and bowel sounds</li> <li>2. May cause diarrhea resulting in hypokalemia</li> <li>3. Mix with fruit juice, water, or milk</li> <li>4. May be administered on an empty stomach for more rapid results.</li> </ol>
Senna	Stimulant laxative/ stool softner	Treatment of constipation	25 mg PO BID			Fluid and electrolyte imbalance,	<ol style="list-style-type: none"> <li>1. Administer with a full glass of water or juice.</li> <li>2. Educate the laxatives should only be</li> </ol>

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						diarrhea, urine discoloration	used short term. 3. Encourage patient to use other forms of bowel regulation. 4. Assess for abdominal distention and prescense of bowel sounds.
Zolpidem	Sedative/hypnotic	Insomina/difficulty sleeping	Click here to enter text.			Daytime drowsiness, dizziness, blurred vision	1. Before administering, reduce external stimuli. 2. Swallow tablets with a full glass of water. 3. Advise patient to take right be fore bedtime 4. Avoid driving and other activites that require alertness until side effects resolve.
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