

## Adult/Geriatric Medication Worksheet – Current Medications & PRN for Last 24 Hours

|  |   |                           |                                     |                                 |
|--|---|---------------------------|-------------------------------------|---------------------------------|
| Primary IV Fluid and Infusion Rate (ml/hr) | Circle IVF Type   | Rationale for IVF         | Lab Values to Assess Related to IVF | Contraindications/Complications |
| Click here to enter text.                  | Isotonic <input type="checkbox"/> Hypotonic <input type="checkbox"/><br>Hypertonic <input type="checkbox"/> | Click here to enter text. | Click here to enter text.           | Click here to enter text.       |

| <b>Student Name:</b><br>Ami Rojas |                              | <b>Unit:</b><br>Covid clinical                  | <b>Patient Initials:</b><br>Click here to enter text. |   | <b>Date:</b><br>1/10/2022   | <b>Allergies:</b><br>Penicillin, lisinopril   |  |
|-----------------------------------|------------------------------|---|---|---|---|---|--|
| Generic Name                      | Pharmacologic Classification | Therapeutic Reason                              | Dose, Route & Schedule                                | Correct Dose? If not, what is correct dose? | IVP – List diluent solution, volume, and rate of administration<br><br>IVPB – List concentration and rate of administration | Adverse Effects   | Appropriate Nursing Assessment, Teaching, Interventions (Precautions/Contraindications, Etc.)  |
| pantoprazole                      | H.pylori: PPIs inhibitors    | Treat too much acid in the stomach, heart burn. | 40 mg PO daily  | Yes   | N/A   | Abdominal pain, fever, head ache, dizziness, flatulence, fractures NO BLK BOX WARNING | 1. I will tell my pt to change position slowly- for dizziness<br>2. I will teach my pt to report any abdominal pain<br>3. I will make sure my pt knows to call me before they get up to use the bathroom so they don't fall<br>4. If my pt experience head ache I will tell my pt to call me and I can dim the lights for comfort. |
| Enoxaparin(Enox)                  | anticoagulant                | To prevent blood clots in the leg               | 40 mg sub cut daily                                   | Yes   | N/A   | Anemia, hemorrhage, fever, hyperkalemia, BLK BOX WARNING: spinal/epidural hematomas   | 1. I will count my pt platelets to make sure they are between 150,000 to 450,000- this drug can stop coagulation<br>2. I will make sure my pt does not have uncontrolled bleeding<br>3. I will make sure my pt does not have any bruising that indicates bleeding internally<br>4. I will teach my pt not to poke his/her          |

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|                            |                                       |   |  |   |   |  | nose- if they poke their nose and it bleeds this drug will make it bleed more than usual.   |
| amlodipine                 | Antianginals ; ccbs, dihydropyridines | To lower hypertension( high blood pressure) | 10 mg PO daily                                 | Yes   | N/A   | MI, fatigue, papitations, flushing, NO BLK BOX WARNING, peripheral edema | <ol style="list-style-type: none"> <li>1. I will do a cardiac assessment before and after I give this med- this med can increase the supply of blood and oxygen to the heart</li> <li>2. I will get a baseline of my pt bp periodically to check their bp and see if the med is effective.</li> <li>3. I will tell my pt to change positions slowly and carefully- prevent dizziness</li> <li>4. I will give this med at night because bp follows a rhythm. It rises higher during the day and falls at night when you are asleep- this may reduce risk of illness</li> </ol> |
| Hydrochloro thiazide       | Diuretics, thiazides                  | To treat edema (fluid retention)            | 25 mg PO daily                                 | Yes   | N/A   | NO BLK BOX WARNING, weakness, anorexia, sexual dysfxn, muscle cramps,    | <ol style="list-style-type: none"> <li>1. I will tell my pt to avoid too much physical activity because they can feel weak- prevent falling</li> <li>2. I will tell my pt to report any muscle cramps</li> </ol>  |

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|                            |                              |  |  |  |   | diarrhea, hypotension   | 3. I will get a baseline of bp and check regularly- may cause hypotension<br>4. I will measure their food intake to see if my pt has any changes.   |
| Escitalopram               | SSRI inhibitor               | Treat depression and generalized anxiety disorder  | 20 mg PO daily                                 | Yes  | N/A   | BLK BOX WARNING; SUICIDALITY, insomnia, fatigue, diaphoresis, vomiting, paresthesia, depression exacerbation, | 1. I will tell pt to report insomnia<br>2. I will tell pt to avoid drinking alcohol on this med.<br>3. I will teach my pt that this drug may make her/him feel more depressed and to report it.<br>4. I will do a cardiac assessment before and 30 min after- this drug can cause speed up or change heart beat |
| ASA                        | asprin                       | To reduce fever and relieve mild to moderate pain. | 81 mg PO daily                                 | Yes  | N/A   | NO BLK BOX WARNING, dyspnea, abdominal pain, constipation, dizziness, GI ulcer                                | 1. I will make sure my pt does not have low vitamin k levels<br>2. I will make sure my pt does not have any blood clotting disorders<br>3. I will teach my pt to report trouble having a BM<br>4. I will teach my pt to call the nurse if he/she has abd pain   |

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| Crestor (rosuvastatin)     | Statins inhibitors           | To treat high cholesteral and triglycerides levels.   | 20 mg every evening                            | Yes  |   | Heach ache, diabetes mellitus, cognitive impairment, NO BLK BOX WARNING, insomnia, tendon rupture     | <ol style="list-style-type: none"> <li>1. I will check my pt BG regularly</li> <li>2. I will teach my pt to report pain in the tendon area</li> <li>3. I will make sure my pt drinks plenty of fluids to avoid dehydration</li> <li>4. I will check my pt urine for blood which could indicate a problem with the kidney,</li> </ol> |
| quetiapine                 | antipsychotic                | Treat schizophrenia, bipolar disorder, and depression | 25 mg bid by mouth                             | Yes  | N/A   | BLK BOX WARNING; dementia-related psychosis, suicidality, BP increase, tremor, blurred vision, anemia | <ol style="list-style-type: none"> <li>1. I will make sure my pt does not have low potassium levels</li> <li>2. I will check BP regulary after I get a baseline</li> <li>3. I will teach my pt to report tremors</li> <li>4. I will assess for bradycardiaAmi Rojas</li> </ol>   |
|                            |                              |   |  | Choose an item.<br><br>Click here to enter text. |   |   | <ol style="list-style-type: none"> <li>1.</li> <li>2.</li> <li>3.</li> <li>4.</li> </ol>   |

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