

## Isaiah Herrera

### Medical Case 1: Kenneth Bronson

#### Guided Reflection Questions

1. How did the scenario make you feel?  
The scenario gave me a sense of urgency. However, I did not feel overwhelmed by the scenario.
2. What signs and symptoms led you to the conclusion that Kenneth Bronson was experiencing an allergic reaction?  
The patient stated that his airway felt as if it was closing up and that it was harder to breathe.
3. Discuss the differences between mild, moderate, and severe anaphylactic reactions.  
A mild reaction might include a runny nose, itchy mouth and skin, and potential nausea or discomfort. Moderate reaction would be persistent mild reaction with increased severity and discomfort. Severe reactions would be a continuation of a moderate reaction resulting in closure of the air way and difficulty breathing. Additionally, weak pulse, significant swelling of tongue and mouth, widespread redness/hives, excessive vomiting/ diarrhea, and anxiety/confusion can signify a severe allergic reaction.
4. Discuss the importance of follow-up assessments post-reaction.  
There is a possibility of a postponed reaction following initial interventions. Additional monitoring is required.
5. What further needs does Kenneth Bronson have at the end of the scenario that future nursing care should address?  
The patient must understand this new allergy and the importance of disclosing the information in the future to avoid a repeat reaction.
6. Reflect on how you would communicate with family members in an emergency situation if they were present at the bedside.  
I would communicate what appears to be happening and explain the interventions as they take place. Also, once the patient is stable, I would ask if there are any questions that they might have.
7. After completing the simulation and reflecting on your experience, what would you do differently (or the same) for the patient experiencing acute respiratory distress?  
I would just remember to remain calm and be confident in my ability to intervene appropriately.
8. How could you prepare for clinical in order to plan ahead for potential patient emergencies?  
Being familiar with the signs and symptoms of anaphylaxis are the best way to prepare for identifying an emergent reaction. From there, it is important to remain calm to solve the problem.

