

Covenant School of Nursing Instructional Module 6 Learning Guide Topic: Nurse-Patient Relationship

Learning Goals/Outcomes	
Upon completion of this lesson, you will be able to: - Describe how the nurse uses the necessary components involved in building and enhancing the nurse-patient relationship (trust, genuineness, empathy, acceptance, and positive regard). - Describe the importance of self-awareness and therapeutic use of self in the nurse-patient relationship. - Differentiate the differences between social, intimate, and therapeutic relationships. - Describe and implement the phases of the nurse-patient relationship as outlined by Hildegard Peplau. - Explain the negative behaviors that can hinder or diminish the nurse-patient relationship. - Describe boundaries in the nurse-patient relationship. - Describe the goals of therapeutic communication. - Differentiate between therapeutic communication and nontherapeutic communication. - Apply principles of therapeutic communication in patient interactions. - Identify the roles that physical health and biologic makeup play in a patient's emotional responses. - Obtain and organize psychosocial assessment data to use as a basis for developing a nursing plan of care. - Describe various cultural beliefs and practices that can affect the nurse-patient relationship.	
Pre-Class Preparation	
Required: - Varcarolis 4th edition: Ch. 7: p. 75-88; Ch. 8: p. 89-103; Ch. 9: 104-118 - HESI Comprehensive Review for the NCLEX-RN Examination	
Learning Activities	
Classroom Activities: - Lecture with PowerPoint Laboratory/Clinical Activities: - Care of the patient with a mental health disorder in the clinical setting	
Evaluation Methods	
- Exams - HESI PMH Exam - Clinical performance/evaluation	
Texas DEC's	QSEN Competency (s)
Knowledge: II.B.3; II.C.1a&b; II.C.1a&b; II.E.2; III.B.1b; IV.D.2 Clinical Judgments & Behaviors: I.B.1 & 3.a& b; II.B.1; II.E. 9; III.B.9;	Patient Centered Care; EBP; Safety; Informatics
Instructional Module 6 Student Learning Outcomes	NCLEX Test Plan
1 & 2	Psychosocial Integrity: Therapeutic Communication and Therapeutic Environment, Cultural Awareness & Influences on Health
Concepts	Faculty
Communication & Interpersonal Relationships	Annie Harrison MSN, RN PMH-BC
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