

## Surgical Case 2: Stan Checketts

### Guided Reflection Questions

1. How did the scenario make you feel?
  - a. The scenario made me feel overwhelmed because he was very nauseated, but after checking the orders, knew what I had to do.
2. When reflecting on the care of Stan Checketts, what are signs and symptoms you can assess in the next patient you care for who might be at risk for dehydration?
  - a. Dizziness, abdominal distention, dark urine, or even poor skin turgor.
3. Discuss signs and symptoms of hypovolemic shock.
  - a. Dizziness, cold and clammy, tachycardia, and hypotension.
4. Discuss assessment and expected findings in a small bowel obstruction.
  - a. Abdominal distention, constipation, loss of appetite, and vomiting.
5. What key questions does the nurse ask in an acute abdominal pain assessment?
  - a. *Any pain in abdominal region? Last bowel movement? The characteristics of the pain?*
6. In evaluating Stan Checketts' laboratory values, what if any abnormalities did you find?
  - a. His lab values appeared to show metabolic acidosis.
7. Stan Checketts had a nasogastric (NG) tube inserted for gastric decompression. What are the preferred methods for confirming placement of the NG tube?
  - a. Abdominal X-ray
8. What key elements would you include in the handoff report for this patient? Consider the SBAR (situation, background, assessment, recommendation) format.
  - a. The NG tube was confirmed, responded well to medication, and morphine was given for a pain of 4.
9. What would you do differently if you were to repeat this scenario? How would your patient care change?
  - a. I would try to notice signs more rapidly. I would ask more specific questions about how the patient is feeling. I would also maybe do my interventions in an order that was comfortable to the patient.

Surgical Scenario 2: Stan Checketts

- 1 Suggested Readings
- 2 Pre-Simulation Quiz
- 3 vSim
- 4 Post-Simulation Quiz
- 5 Documentation Assignment...
- 6 Guided Reflection Questions

### Quiz Results

<b>Quiz Name</b>	2021vSIM_PreQ_Schecketts	<b>Completed Date</b>	2022-01-10 11:24:14
<b>Quiz Completed In</b>	00:00:31	<b>Total Questions</b>	6
<b>Questions Answered</b>	6	<b>Answered Correctly</b>	6 (100.0%)



**Quiz Answers**

1 Potassium chloride may be administered in the patient with small bowel obstruction and dehydration to correct hypokalemia. The nurse knows that a patient experiencing decreased potassium levels would exhibit which of the following signs and symptoms?

Your Response: Hypotension, muscle weakness

**Rationale:** Signs and symptoms of hypokalemia can include hypotension, muscle weakness, fatigue, anorexia, nausea and vomiting, polyuria, decreased bowel motility and decreased BP.

**Stan Checketts**

Adm on: 1/10/2022  
 Date of birth: 8/13/1969  
 Age: 52  
 Gender: Male  
 Diagnosis: Rule Out Preoperative Bowel Obstruction



**Your main opportunities for improvement**

**Basic view** | Detailed view | Simulation time: 10:44 Mins

- 0018 You washed your hands. To maintain patient safety, it is important to wash your hands as soon as you enter the room.
- 0039 You identified the patient. To maintain patient safety, it is important that you quickly identify the patient.
- 0106 You looked for normal breathing. He is breathing at 28 breaths per minute. The chest is moving normally on both sides.
- 0135 You attached the pulse oximeter. It is a good idea to monitor the saturation and pulse here. This will allow you to reassess the patient continuously.
- 0202 You measured the blood pressure at 110/78 mm Hg. It is appropriate to monitor the patient by measuring the blood pressure.
- 0218 You checked the temperature at the mouth. The temperature was 99 F (37 C).
- 0246 You obtained IV access in the arm. It's correct to obtain IV/IO access here.
- 0400 A 4 mg dose of morphine was injected IV. Although analgesics may be given prior to a painful procedure, caution should be exercised when administered.

0 0 0 → **100% SCORE**

Retry | Continue

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### Quiz Results

<b>Quiz Name</b>	2021vSIM_PostQ_Schecketts	<b>Completed Date</b>	2022-01-10 11:53:08
<b>Quiz Completed In</b>	00:04:45	<b>Total Questions</b>	10
<b>Questions Answered</b>	10	<b>Answered Correctly</b>	10 (100.0%)



**Quiz Answers**

1 The nurse anticipates that the IV fluid therapy for a patient with hypovolemia would be which of the following?

Your Response: Isotonic

**Rationale:** An isotonic solution that expands the extracellular fluid volume is used in hypovolemic states.

**Remediation:** Brunner & Suddarth's Textbook of Medical-Surgical Nursing, 14th Edition, pp. 288-290