

Medical Case 1: Kenneth Bronson

Guided Reflection Questions

1. How did the scenario make you feel?
A: The scenario made me feel a little on edge at first once the patient developed signs of an anaphylactic reaction. Once I was able to provide the necessary interventions to help the patient, I started to feel better and more confident in my decisions.
2. What signs and symptoms led you to the conclusion that Kenneth Bronson was experiencing an allergic reaction?
A: Difficulty breathing, respirations elevated, patient voiced discomfort at the infusion site, abnormal breath sounds heard upon auscultating the lungs.
3. Discuss the differences between mild, moderate, and severe anaphylactic reactions.
A: Mild symptoms: localized rash, itching, congestion, moderate symptoms: widespread itching, dyspnea, severe symptoms: throat/mouth/tongue swelling, hives, dyspnea, mental confusion
4. Discuss the importance of follow-up assessments post-reaction.
A: It is important to follow up after interventions are performed for a reaction to make sure the patient is responding appropriately to the intervention and further action is not required.
5. What further needs does Kenneth Bronson have at the end of the scenario that future nursing care should address?
A: Patient was still needing oxygen support to maintain SpO₂ so further respiratory assessments are needed and oxygen therapy. Patient also needs an alternative form of antibiotics as he still has an infection that is needing to be treated. He may need additional albuterol treatments depending on how does within the next few hours.
6. Reflect on how you would communicate with family members in an emergency situation if they were present at the bedside.
A: I would let them know the patient is experiencing an allergic reaction to the medication being infused and let them know as soon as I stabilize the patient, I can discuss in further detail what exactly was happening and how to prevent it in the future.
7. After completing the simulation and reflecting on your experience, what would you do differently (or the same) for the patient experiencing acute respiratory distress?
A: After completing the scenario, if I has to repeat it, I would have been more prepared or anticipated an allergic reaction happening as I was a little caught off guard at first. I would have done a focused respiratory assessment in the beginning of my initial assessment so I could have had a better understanding of the patient's baseline.
8. How could you prepare for clinical in order to plan ahead for potential patient emergencies?
A: I would have made sure I had quick access to IM Epinephrine in case I needed to act quickly. I would also make sure I had resuscitation equipment in my patient's room such as a bag valve mask.