

Reflection

I really enjoyed the game we played in class. It was very eye opening and made us critically think. I like how it gave us labs, history, age, every little detail for our pretend patient. The game made it realistic in some ways. I realized, yes, I need to look at the bigger picture and it is okay to look up something you do not know. Critical thinking is learned throughout experience and I really saw how true that statement is today. I love how we had to create our own interventions and nursing diagnosis. The game made you see how every detail matters and how everything comes together. I did already know everything is a domino effect, however, I saw, thought, and worked out examples personally. The game made me obtain a greater understanding of everything. I currently do understand, but like I stated it gave me a more personal experience, I guess you could say. I loved how it involved everyone, it was open to discussion and it was fun. It was a competition between the groups; however, it was also a group discussion. I wish we did more activities like this because I feel like I learn and retain information better. I will remember certain things our teachers talked about without even having to really think about it. Overall, I loved class today and might be buying that game for myself to practice.