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Clinical reflection  
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I have greatly enjoyed my clinical rotations at the Adult Emergency Room. Doing my capstone at an acute setting such as the emergency was a scary thing to think about going in. After working a couple of shifts I have come to love it. I have a great preceptor who is a great teacher, they have provided me with a good learning environment and use each opportunity to teach me something new. They have also coached me during skills and on educated me on different protocols. Some of the protocols I have learned about are the burns, trauma, stroke, and sepsis protocols. One big thing I have been apart of are the stroke protocols as it is something the Emergency room experiences quite often. They use a score system called the “BE FAST” which I am now able to identify stroke patients when in triage. So, as I continue my clinical shifts at the emergency department, I will become more able to have the ability to have more autonomy because I will have gained the needed knowledge to treat patients with the best possible care.

There are so many learning opportunities in the emergency room as well as many opportunities to work on skills that I haven’t been able to do in the past modules. One thing I didn’t have much opportunity in the past to do was IV starts and blood draws, but with doing clinicals in the AED I have had plenty of practice in doing so. Another skill I had the chance to practice was the insertion of a NG tube which is something I have never done in the past modules. In the Emergency room I have been able to experience and see many different things. Some of the emergencies I have witnessed are car crashes which have caused severe trauma, stroke patients, and trauma patients with broken bones. With the stoke patients we follow them to CT which is a good learning experience because we get to see where the deficits are coming from. Working in the emergency room I never know what is going to come in its always different each shift so there is always growth when it comes to learning.