

Covenant School of Nursing Reflective Practice  
Midterm Post Conference

Name: Alejandra Escandon, SN IM8

Date submitted: 1/3/2022

<p><b>Step 1 Description</b></p> <p>I have been doing my preceptor shifts on south six throughout this module. South six is also known as the orthopedic floor at Covenant. My preceptor has been with covenant, on this floor for the past ten years. My nurse has gained tremendous amounts of knowledge and I have already learned so much from her and cannot wait to see what else she has in store for me.</p>	<p><b>Step 4 Analysis</b></p> <p>Not only am I learning so much from my nurse and many of our other fellow nurses but the certified nurse's aides on the floor are amazing. They are the sweetest aids I have ever come across! They are so willing to help and teach me. For example, on my first clinical day my nurse was given six patients and the aids were such a big help up to us in taking care of our patients. I know it would have been a more difficult day without the help of our CNA's.</p>
<p><b>Step 2 Feelings</b></p> <p>This would be my first time on the orthopedic floor since I did not have the chance to visit during my previous clinical times in my past modules. Since this was my first time I did not know how to feel about this floor. I will say that I was a little worried to be surrounded by people I did not know. Unfortunately, sometimes the staff does not take kindly to new comers on their floor, especially students. Luckily, this floor was very welcoming, and it made it so much easier to learn and become friends with the staff.</p>	<p><b>Step 5 Conclusion</b></p> <p>In conclusion, I can say that I absolutely love this floor. I have gained so much knowledge that I know I will use in my future and will still continue to learn so much. This floor has a fantastic team and they are always willing to help each other out whenever needed. For example, we had a fellow nurse who needed help setting up a PCA pump and asked my nurse if she could show her how. My nurse was more than happy to show her. A couple of shifts later another fellow nurse needed help setting up a PCA pump as well and was able to be taught by the nurse who was taught by my nurse. It was nice to see how everyone is able to help and teach each other and how the cycle continues.</p>

**Step 3 Evaluation**

What makes it so important about having a good floor was the fact that I was not afraid to ask for help if I needed it, or to ask someone where I could find a certain supply. I was afraid that coming on to a new floor I would not be able to learn as much, but I was defiantly wrong about that.

**Step 6 Action Plan**

I know that because I work with such a great team, each and every one of our patients will get the best of care and so much more. Our patients are so much more than patients to us. For example, even if we don't get assigned to the same patients each shift we always try to check on them during our spare time because we care so deeply for them. I am beyond happy that I was assigned to south six for my preceptor shifts! I learn new skills and gain so much knowledge each day and cannot wait to use that on my floor in the future!