

### **Clinical Reflection 1**

Throughout nursing school, I have experienced highs and lows with emotions. I have experienced helping many peers with schoolwork or practicing skills in preparation for CPE. Each experience I was granted was absorbed as best as it could and has stuck with me for the past year and a half. Though nothing has been as rewarding as my experience during my clinicals on the pediatric floor on three north at Covenant Children's.

I have really enjoyed my time and the opportunities for exposure to many skills only mentioned in school. The staff has been very helpful in educating me by looking for new learning opportunities and even allowing me to gain hands on experience with other patients. My preceptor has been the absolute best in making sure I have plenty to do and learn during each shift. I have also gained more knowledge each shift with on-the-spot quizzing for medications, skills, and charting details. She is a great nurse and her bedside manner is something all her families adore. I hope to adopt certain aspects of her patient education, skill set of communication with parents, staff, and physicians. I have greatly enjoyed my time with my preceptor and look forward to what is to come of my remaining time with her.

The most rewarding and most emotional part of my clinical experience is the fact that I'm helping treat children. I have experienced the sadness and pain some very sick children are having to endure. Even though I have seen the struggles they are having to go through, these children still manage to have fun and smile most of their day. It is very easy to feel sorry for them, but I have come to learn that children are very resilient and stronger than we may portray them to be at times. All the cases I have treated have been blessings though one sticks out the most. I helped with the treatment of one child and tried many times to feel welcomed when I entered her room. After three days of treating her, she finely warmed up to me. I simply allowed her to play with my pulse oximeter which we called the "finger monster". She warmed my heart since I met her and I have felt great sorrow for her situation but she is fighting to get better. This little girl has been the biggest impact during my clinical experience and has pushed me the furthest in making my decision to continue working in pediatrics in the future.

I feel that each experience I have had will help me along the way to a rewarding future in nursing. I feel that my patience with children is strong and communication skills with parents is great. I will have to continue to strengthen my knowledge in performing certain skills for medication administration and treatment protocol but all in reasonable time. Working with children is an enjoyable experience for me as I strive to be a prudent nurse. I will push to gain more experience before my clinical time expires to ultimately help in making my decision to where I would like my nursing career flourish.