

Student Name: Cristen Moreno

Date: 12/15/21

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

1010, COPD exacerbation

Neurological-sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

Alert, oriented x3. pupils equal, round, reactive to light. Moves all extremities, responds appropriately to sensations. Hand grasp toe wiggle equal and strong bilaterally. Speaks english clearly.

Comfort level: Pain rates at 3 **(0-10 scale) Location:** _____

Psychological/Social (affect, interaction with family, friends, staff)

Patient is friendly and interacts appropriately with staff.

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing)

Scleral edema in both eyes. ears symmetrical, without drainage. Nasal septum midline, mucosa pink, oral membranes pink, moist, intact. Neck supple with no palpable nodes.

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Chest barrel shaped, trachea midline, Respirations 16, even and unlabored. Breath sounds clear superiorly, diminished inferiorly, bilaterally. O2 at 4L nasal cannula with O2 sat 95%.

Cardiovascular (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

S1 and S2 audible with regular rate and rhythm. Apical rate 93, radial pulses 2+ bilaterally with rate 93. pedal pulses 2+ bilaterally, no edema. B/P 151/85. Denies chest pain. nailbeds pink, capillary refill < 3 seconds.

Student Name: _____

Date: _____

IM1 Patient Physical Assessment Narrative

Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation) Abdomen soft, patient states hernia is cause of pain. Active bowel sounds x4 quadrants.

_____ **Last BM** 12/15

Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) voids clear, yellow urine, adequate amount, voids frequently, denies odor, pain, discharge.

_____ **Urine output** (last 24 hrs) _____ **LMP** (if applicable) _____

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities) ~~skin~~ walks ad lib without assistance, gait steady

Skin (skin color, temp, texture, turgor, integrity) skin warm, dry, intact. color appropriate to race. turgor elastic.

Wounds/Dressings infiltrated IV site on L peripheral, red, swollen, dressing and warm compress applied

Other