

<p>Patient #1 Diagnosis/Chief Complaint</p> <p>Flu, having fever of 103, coughing and runny nose</p>	<p>Patient #1 Teaching</p> <ol style="list-style-type: none"> 1. Teach patient to avoid touching mouth, eyes, and nose. 2. Teach patient the importance of hand hygiene 3. Teach patient proper coughing and sneezing etiquettes. <p>Discharge planning/Community Resources</p> <ol style="list-style-type: none"> 1. To get vaccinated for flu 2. Wear a mask indoors whenever there is another person 3. To rest, hydrate, and eat nutritious food, (dietary consult)
<p>Patient #2 Diagnosis/Chief Complaint</p> <p>Having asthma attacks, difficulty breathing and persistent coughing</p>	<p>Patient #2 Teaching</p> <ol style="list-style-type: none"> 1. Teach patient about things that can trigger coughing spells 2. Teach patient about asthma, signs and symptoms, treatment, and things to avoid that can exacerbate symptoms. 3. Teach patient how to use device(s) like MDI's (spacer or nebulizer) <p>Discharge Planning/Community Resources</p> <ol style="list-style-type: none"> 1. Continue to take asthma medications even if asthma is under control 2. Keep pets away from the surroundings of the patient, as this can trigger coughing and sneezing. 3. Stay up to date with their immunizations
<p>Patient #3 Diagnosis/Chief Complaint</p> <p>Tummy ache with diarrhea that has been going for days</p>	<p>Patient #3 Teaching</p> <ol style="list-style-type: none"> 1. Teach patient to drink plenty of fluids, including water, broths, and juices

	<ol style="list-style-type: none">2. To increase semisolid food in diet, low fiber diet such as soda crackers, eggs, and rice.3. Teach patient proper hand hygiene, especially before eating, it might be a reason that the pt has diarrhea <p>Discharge Planning/Community Resources</p> <ol style="list-style-type: none">1. Teach patient to eat small meals throughout the day, consult with a dietician.2. Have patient record their bowel movements, count how many times they have a BM and its consistency.3. Have patient keep track of their intake and output.
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