

## Medical Case 1: Kenneth Bronson

### Guided Reflection Questions

1. How did the scenario make you feel? This scene made me feel nervous as I had to think very quickly and there was no time for mistake
2. What signs and symptoms led you to the conclusion that Kenneth Bronson was experiencing an allergic reaction? His throat was tightening and experienced shortness of breath
3. Discuss the differences between mild, moderate, and severe anaphylactic reactions., Mild is a more localized reaction and the patient may experience hives, runny nose, pruritus, itchiness. Moderate can affect the whole body, starts in one area and quickly spread throughout. Hives, runny nose, pruritus, itchiness, swelling and difficulty breathing. Severe reaction is life threatening and can have itchiness, swelling of eyes and face, swelling of throat, difficulty swallowing and breathing, dizziness, n/v, confusion, hypotension.
4. Discuss the importance of follow-up assessments post-reaction. Its important to follow up assessment even after the initial reaction is under control due to the possibility of a delayed reaction.
5. What further needs does Kenneth Bronson have at the end of the scenario that future nursing care should address? His fever needs to be monitored, education about the allergic reaction and a new drug will need to be given to treat pneumonia.
6. Reflect on how you would communicate with family members in an emergency situation if they were present at the bedside. Calmly explain what is happening and what is being done to take care of it. After patient is stabilized then offer more detailed information and educate.
7. After completing the simulation and reflecting on your experience, what would you do differently (or the same) for the patient experiencing acute respiratory distress? I would do the same as before but hopefully with more confidence and move a little faster.
8. How could you prepare for clinical in order to plan ahead for potential patient emergencies? Reading the patients charts carefully , looking at meds and thinking about the potential for new problems.