

Mental Health Bipolar Case Study

Jodie Bennett is a 34-year-old white female with a history of bipolar disorder who was admitted to the psychiatric unit on Monday at 2145 from the emergency department with symptoms of acute mania. Upon admission, the patient reported that she had stopped taking her medications 3 weeks ago since she had been "feeling better." Today, Ms. Bennett was displaying symptoms of acute mania.

Patient name: Jodie Bennett

Age: 34 Sex: Female

Admitting provider: Mark Bergan, MD

Reason for admission: Hyperactivity, lack of sleep, pressured speech, high mood, not eating

Primary diagnosis: Bipolar disorder, acute mania

Secondary diagnosis: Hypertension: Takes candesartan (Atacand) 16 mg PO daily

Current vital signs:

T = 98.6 F (37.6 C)

BP = 130/90

P = 90

RR = 24

O2 Sat = 99% (room air)

Assessment:

Heart sounds: Regular

Lung sounds: Clear bilaterally

Bowel sounds: Hypoactive

Pulses: 2+ throughout

Pain: 0/10

Patient loudly states, "I don't know why I am here. My sister needs to mind her own business."

Jodie is pacing in the hallway, talking rapidly and loudly, laughing, and yelling occasionally as her agitation increases.

The provider has ordered:

Ziprasodone 20 mg intramuscularly now

Patient is yelling, "I need to walk around. This room is too small."