

## Adult/Geriatric Medication Worksheet – Current Medications & PRN for Last 24 Hours

Primary IV Fluid and Infusion Rate (ml/hr)	Circle IVF Type	Rationale for IVF	Lab Values to Assess Related to IVF	Contraindications/Complications
Click here to enter text.	Isotonic <input type="checkbox"/> Hypotonic <input type="checkbox"/> Hypertonic <input type="checkbox"/>	Click here to enter text.	Click here to enter text.	Click here to enter text.

<b>Student Name:</b> Rushondra S		<b>Unit:</b> Click here to enter text.	<b>Patient Initials:</b> Click here to enter text.		<b>Date:</b> Click here to enter a date.	<b>Allergies:</b> Click here to enter text.	
Generic Name	Pharmacologic Classification	Therapeutic Reason	Dose, Route & Schedule	Correct Dose? If not, what is correct dose?	IVP – List diluent solution, volume, and rate of administration  IVPB – List concentration and rate of administration	Adverse Effects	Appropriate Nursing Assessment, Teaching, Interventions (Precautions/Contraindications, Etc.)
(Cordarone)  Amiodarone	Antiarrhythmic	for pt with life threatening recurrent ventricular fibrillation	PO	Choose an item.  Click here to enter text.	5 to 7 mg/kg iv or 30 to 60 min, then 1.2 to 1.8g/ day as a continuous iv infusion	Fatigue, malaise, tremor, peripheral nephropathy, ataxia	<ol style="list-style-type: none"> <li>1. Advise pt to wear sunscreen or protective clothing.</li> <li>2. Advise pt to keep follow up appointments</li> <li>3. Contact prescriber if experiencing vision changes.</li> <li>4. Tell pt to take with food if gi upset occurs.</li> </ol>
(Adrenalin) Epinephrine	Inotropes/pressors	Anaphylaxis, Asthma, Cardiac stimulation, Induction and maintenance of mydriasis during intraocular surgery	IM, Subcutaneous, Intraocular	Choose an item.  Click here to enter text.	0.1 mg/ml of 1: 10,000 iv may follow with 0.3 mg of 1: 1,000.	CNS: drowsiness, headache, CV: palpitations, Ventricular fibrillation GI: nausea, vomiting Respiratory: dyspnea Skin: urticaria other: tissue necrosis, sweating	<ol style="list-style-type: none"> <li>1. Instruct pt in auto injector use.</li> <li>2. Caution pt or caregiver to only give two sequential doses unless under direct medical supervision.</li> <li>3. PT should seek immediate medical care for acute hypersensitivity reactions.</li> <li>4. Teach pt how to self inject drug.</li> </ol>

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(Dobutrex) Dobutamine	Inotropes/ pressors	Increased cardiac output in short term treatment of cardiac decompensation caused by depressed contractility.	IV	Choose an item.  Click here to enter text.	0.5 to 1mcg/kg/minute IV infusion, titrating to optimum dosage of 2 to 20 mcg/kg/minute.	CNS: headache CV: htn, increased heart rate GI: n/v Other: anaphylaxis, hypersensitivity reactions.  may increase av node conduction pt with afib may develop rapid ventricular rate	<ol style="list-style-type: none"> <li>1. Tell pt to report adverse reaction immediately</li> <li>2. report labored breathing and drug-induced headache.</li> <li>3. Instruct pt to report discomfort at IV</li> <li>4. Don't confuse dobutamine with dopamine</li> </ol>
(Dobutrex) Dopamine	Inotropes/ pressors	To treat shock and correct hemodynamic imbalances, to increase cardiac out-put, to correct hypotension	IV	Choose an item.  Click here to enter text.	2 to 5 mcg/kg/min Iv infusion, Can titrate dosage to desired hemodynamic or renal responses.	CNS: headache, anxiety CV: hypotension, ventricular arrhythmias, ectopic beats. GI: n/v Metabolic: azotemia, hyperglycemia.	<ol style="list-style-type: none"> <li>1. Watch for sudden b/p drop after medication is discontinued.</li> <li>2. make sure you are urinating properly.</li> <li>3. report discomfort at iv site.</li> <li>4. Report any signs of discomfort or not feeling well.</li> </ol>
(Xylocaine) Lidocaine	Antiarrhythmic , anesthetic	Ventricular arrhythmias, caused by MI, cardiac manipulation, or cardiac glycosides	IV	Choose an item.  Click here to enter text.	Adults 50 to 100 mg (1to1.5mg/kg) by iv bolus at 25 to 50mg/min,  Children 1mg/kg, start infusion at 30mcg/kg/min	CNS: confusion, tremor,stupor,restlessness, CV: hypotension, Bradycardia, new or	<ol style="list-style-type: none"> <li>1. Do not take with ampicillin, cefazolin, ceftriaxone.</li> <li>2 report any confusion.</li> <li>3. report restlessness</li> <li>4. report ringing in ears.</li> </ol>

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						<p>worsened arrhythmias</p> <p>EENT: tinnitus, blurred or double vision.</p> <p>GI: vomiting</p>	
(AtroPen) Atropine	organophosphate	Bradycarrhythmias, preoperatively to diminish secretions and block cardiac vagal reflexes	IV, IM, Subcutaneous,	<p>Choose an item.</p> <p><a href="#">Click here to enter text.</a></p>	<p>give atleast 2-3mg parenterally.</p> <p>IM - adults 0.4 to 0.6, children 0.4mg</p>	<p>CNS: headache, restlessness, insomnia, dizziness</p> <p>CV: bradycardia, palpitations, tachycardia,</p> <p>EENT: blurred vision, mydriasis</p> <p>GI: dry mouth, constipation, thirst</p> <p>GU: urine retention, erectile dysfunction.</p>	<ol style="list-style-type: none"> <li>1. report sensitivity to eyes from the sun, use sun glasses.</li> <li>2. protect pen from light and do not freeze it.</li> <li>3. report headache, insomnia</li> <li>4. report urine retention.</li> </ol>
(Osmitol) Mannitol	Osmotic diuretic	Oliguria, to prevent oliguria in renal pt, reduce ICP	IV	<p>Choose an item.</p> <p><a href="#">Click here to enter text.</a></p>	<p>200mg/kg or 12.5 g as a 15 % to 20% iv solution over 3-5 minutes.</p>	<p>CNS: seizures, dizziness, heart failure.</p> <p>EENT: blurred vision, rhinitis</p> <p>GI: thirst, dry mouth, n/v/d</p>	<ol style="list-style-type: none"> <li>1. May experience dry mouth and thirst.</li> <li>2. Stress the importance of drinking plenty of fluids.</li> <li>3. report dizziness, blurred vision.</li> <li>4. report urine retention.</li> </ol>

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						<p>GU: urine retention</p> <p>Metabolic: dehydration, fluid and electrolyte imbalance</p> <p>Skin: local pain, urticaria</p> <p>Other: chills, thrist</p>	
(Dilantin) Phenytoin	Antiseizure	To control tonic-clonic, (grand mal) and complex partial (temporal lobe) seizures	IV, IM, PO	<p>Choose an item.</p> <p><a href="#">Click here to enter text.</a></p>	10 to 15 mg mg/kg	<p>CV: bradycardia, periarteritis</p> <p>CNS: ataxia, decreased coordination, mental confusion</p> <p>EENT: diplopia, nystagmus, blurred vision</p> <p>GI: gingival hyperplasia, n/v, constipation.</p> <p>pancytopenia, thrombocytopenia.</p>	<ol style="list-style-type: none"> <li>1. Notify prescriber if skin rash develops.</li> <li>2. Avoid driving, and other potentially hazardous activities.</li> <li>3. Advise pt not to change brands or dosage forms once stabilized.</li> <li>4. Do not use capsule if it is discolored.</li> </ol>

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(Gablofen) Baclofen	muscle relaxant	Spasticity in multiple sclerosis, spinal cord injury	intrathecal injection, tablets	Choose an item.  Click here to enter text.	NA	CNS: agitation, drowsiness, weakness, dizziness, seizure with intrathecal use  CV: hypotension, peripheral edema  EENT: nasal congestion  GI: nausea, constipation, dry mouth  GU: urinary frequency, urine retention, erectile dysfunction, incontinence	<ol style="list-style-type: none"> <li>1. Keep schedule refill visits, do not stop medication abruptly.</li> <li>2. take with meals or milk</li> <li>3. Avoid alcohol and otc antihistamines while taking drug.</li> <li>4. teach proper home care of pump and insertion site.</li> </ol>
(Solu-Medrol) methylprednisolone	Corticosteroid	Severe inflammation,  Shock unresponsive to conventional therapy if adrenocortical	PO, IM, IV	Choose an item.  Click here to enter text.	0.5 g give IV over at least 10 minutes to prevent arrhythmias	CNS: euphoria, insomnia, psychotic, behavior, pseudotumor cerebri  CV: arrhythmias, heart failure, cardiomyopathy	<ol style="list-style-type: none"> <li>1. Don't stop drug abruptly or without prescriber content</li> <li>2. Do not take oral form of drug with milk or food</li> <li>3. Watch for fatigue, muscle weakness, joint pain, fever, anorexia, nausea, SOB, dizziness, and fainting</li> <li>4. Wear medical identification indicating his need for supplemental systemic glucocorticoids during stress.</li> </ol>

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		insufficiency is suspected				, thromboembolism, cardiac arrest, circulatory collapse after rapid use of large IV dose.	
(Activase) Alteplase	Thrombolytic	Lysis of thrombi obstructing coronary arteries in acute MI, To manage acute massive pulmonary embolism, Acute ischemic stroke, To restore function to central venous access devices	IV	Choose an item.  Click here to enter text.	1.25mg/kg, 60% in the first hour, 10% of which is given as a bolus, 20% of total dose per hour 2 hours, don't exceed total dose of 100mg.	CNS: cerebral hemorrhage, fever  CV: arrhythmias, cholesterol embolization, venous thrombosis  GI: bleeding  Hematologic: spontaneous bleeding  Other: anaphylaxis, sepsis	<ol style="list-style-type: none"> <li>1. Report any adverse reactions</li> <li>2. Stop if uncontrollable bleeding occurs</li> <li>3. Avoid invasive procedures</li> <li>4. Report any chest pain..</li> </ol>
(Diprivan) Propofol	Sedation, hypnotics	To maintain anesthesia, monitored anesthesia, to sedate intubated intensive care unit ICU patients	IV	Choose an item.  Click here to enter text.	5mcg/kg/min for 5 min, increments of 5 to 10mcg/kg/min	CNS: dystonic or choreiform movement  CV: bradycardia	<ol style="list-style-type: none"> <li>1. Do not perform activities requiring mental alertness</li> <li>2. Urine may be turn green</li> <li>3. Abnormal dreams or anesthesia awareness may occur</li> <li>4. Stop drug gradually</li> </ol>

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						<p>Metabolic: hyperlipidemia</p> <p>Skin: rash, pruritus</p> <p>Other: burning or stinging at injection site</p>	
(Lortab) Hydrocodone	Opioids	Moderate to moderately severe pain,	po	<p>Choose an item.</p> <p>Click here to enter text.</p>	N/A	<p>CNS: light - headedness, dizziness</p> <p>CV: brady, cardiac arrest , circulatory collapse</p> <p>EENT: hearing impairment, permanent</p> <p>GI: n/s , constipation</p>	<ol style="list-style-type: none"> <li>1. Watch out for dependence of drug</li> <li>2. Best to take drug before pain becomes severe</li> <li>3. Very important to take this medication as prescribe</li> <li>4. Stop immediately if blurred vision, rash, or yellowing of skin.</li> </ol>
(Xanax) Alprazolam	Benzodiazepines	Anxiety, Panic disorders,	po	<p>Choose an item.</p> <p>Click here to enter text.</p>	N/A	<p>CNS: insomnia , dizziness,</p> <p>CV: palpitations, chest pain, hypotension</p> <p>EENT: allergic rhinitis, blurred vision</p> <p>GI: diarrhea, dry mouth,</p>	<ol style="list-style-type: none"> <li>1. Avoid hazardous activities, that require alertness.</li> <li>2. Avoid alcohol use while taking drug</li> <li>3. Swallow extended- release tablet whole</li> <li>4. Avoid using drug while pregnant.</li> </ol>

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