MODULE 8: PICOT Individual Class Activities

nstructions:
1. Student will be assigned specific topic to work on based with respective clinical unit.
2. Formulate your PICOT question.
3. Find 3 resources that addresses your PICOT question. How much evidence is available to answer your question. Indicate your primary, secondary, tertiary resources.
4. For reference use the APA format:
    Example: Thomas, G. (2014). Patient safety and culture of safety: Foundation of excellent health care. Retrieved from https://www. Center for transforminghealthcare.org/assets/4/g/patient safety-storyboard
5. Check the PICOT RUBRIC for guidelines.
6. Submit in a typewritten form and 3-4 pages at most to the drop box under PICOT.
7. Submit on or before 5:00PM on January 21, 2022.

A. TOPICS:

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Campus	Unit	TOPIC	Student
CMC	South 6	1. **Novice Nurses to engage in difficult conversation with patient.** Communication skills are fundamental to demonstrate internalization of professional skills & care values. But novice nurse continues to report difficult in initiating & engaging in conversation on difficult topics with their patients.	Alejandra Escandon
CMC	South 6	2. **Effects of workplace climate or Burnout among medical-Surgical nurses**. Burnout is a maladaptive response to work-related stress that is associated with negative consequences for patient, clinicians & healthcare system. Med-Surg nurses are at significantly high risk for burnout related tp patient-nurse ratio, limited resources, long hours & poor management support.	Maci Ramirez
CMC	South 10	3. **Nurses Productivity** You are the nurse manager of a Medical – Surgical unit. You were informed by the charge nurses the increasing number of absences among the staff which affect the productivity of the nurses & unit. The most common reasons are stress &	Analise Jimemez

		anxiety revealed by staff nurses. Your team wants to determine if regular exercise reduces stress & anxiety compared with nurses who do not exercise.	
CMC	South 10	**4. Fall precaution program** You are interested in reducing the number of elderly patients that fall during their hospital stay and the severity of injury. Currently the rate of falls is higher in your unit than in other units in the hospital and the national benchmark. There are a variety of interventions currently being used in your unit and You want to know why the interventions was not effective.	Emilee Morales
CMC	CICU	**5. Nurses' Insight of technology used in language interpretation for patient with limited English proficiency.** To provide high quality care for patient with wide linguistic & culture diversity. There has been an increasing emphasis on improving standards of care in clinician-patient communication. Nurses have a responsibility to be culturally competent and as result, many health care facilities have implemented policies & protocols regarding professional language interpretation.	Andrew James
CMC	CICU	**6. The moral distress of nurses when patient refusal treatment because of cost.** Nurses watch patient refused beneficial treatment they cannot afford despiteof Nursing's moral standard to treat Patients Without regard to financial Constraints within Healthcare system.	Megan Hartline
CMC	CICU	**7. Nurses address systemic racism during the ongoing COVID-19 crisis.** There are nurse-specific issues related to the essential for nursing to engage with racism. Nurses need to publicly addresses the fact that they are on the side of the people they serve. People are looking for nurses to lead the unit staff, all places within health care institution where they	Madeline Naylor

		have some racial & ethnic differences & diversity.	
CMC	ED-Adult	8. **Magnet Hospital affects nurses in terms of success, value in hiring, retention, & job satisfaction**. Hospitals that achieved magnet recognition status continue to rise in the United States & globally. However, despite of increasing evidence associating magnet hospitals with superior outcome, some research found slight difference between magnet & non-magnet hospital.	Ian Canono
CMC	Ed-Adult	9. **Safe and sensitive care to LGBTQ patients & families.** The LGBTQ population has faced continual discrimination. Health disparities have developed over time because of the reluctance of this population to seek medical attention with providers who, often mistreat them, discriminate, or even refused to treat them.	Celeste Ortiz
CMC	ED-Adult	10. **Nurses' role in Trauma-related hemorrhagic shock care management**. Hemorrhagic shock remains a primary cause of death from traumatic injury. Emergency nurses play a vital role in the assessment & management of care. However vast literature discussed the role of physician or paramedics but few literatures about role of ED nurses	Magan Pirtle
CMC	ED-Adult	11. **Unit Nursing Leaders competency during disaster, emergencies & outbreaks.** Nurse leader's competency in disaster planning & preparedness is vital to effective management. Nurse leaders must also have competency to execute response plan, lead response & recovery effort.	Allison Howard
CMC		12. **Devices related to Hospital-Acquired pressure injuries (HAPI).** Nationally, the annual cost of treating HAPI is in billion & became a quality indicative of high-reliability organization,	Allyson Matthews

		The Center for Medical & Medicaid Service has financially incentivized hospital to reduce HAPI by denying re-imbursement for harms.	
CMC	MICU	**13. Delirium in Critically ill patient.** Delirium is a complex syndrome prevalent in the intensive care unit. It has been associated with significant morbidity including distress, longer hospital stays, prolonged cognitive impairment and increase mortality.	Abigail Lara
CMC	MICU	**14. Building staff commitment for early mobility for critically ill patients.** Immobility contributes to many adverse effects in critically ill patients. Early progressive mobility can mitigate the negative effects, but it is not widely implemented.	Jordan Gegelman
CMC	Staffing	**15. Observed barriers to Rapid Response Team activations among nurses.** Nurses are at the forefront of patient care; their bedside vigilance puts them in an optimal position to detect clinical deterioration quickly & act accordingly. However, despite frequent rounding & safety checks by nurses, patient still experience cardiopulmonary arrest. Nurses faces major barriers when it is necessary to seek additional assistance & resources to manage & stabilize the clinically deteriorating patient by calling RRT.	Jessica Cuevas
CMC	Day Surgery	**16. Preventing falls among elderly patient with mental health issues.** Inpatient falls are among the most common incidents reported in the different unit. Elderly patient with mental health issues is more substantial risk for falls because they take psychotropic medication, experience agitation & have a limited ability to follow instructions & reality limitation.	Natalie Martinez
CMC	Day Surgery	17. Alternative Medicine:	Rena Dikes

		You are assigned to take care a 30-year-old male diagnosed with depression. The patient prefers to try Alternative medicine rather than **Selected Seratonin Reputake Inhibitors (SSRI**). You believe that his disorder would improve with an SSRI, but the patients want to know if St John's Wort could be just as effective for reducing symptoms.	
CMC	OR	18. **Staffing:** Poor Staffing (Covid time) has been an issue of both professional and personal concern for nurses today. Issues related to staffing levels, unit organization or inequitable assignments are one of the top reasons nurses leave a hospital job. The task is to present to the hospital administration leaders a **comparative study between current staffing system and new staffing system.**	Brenna Mendoza
CMC	OR	19. **Perioperative Orientation: Unit based to Centralized.** The continuing nursing shortage & turnover Rates. Perioperative (pre.OR,Pacu) intensify the need for thorough orientation. Program. Successful orientation programs Prepare newly hired nurses to provide safe, High quality patient-centered care.	Caroline Abeyta
W& C	Ed-Pedi	20. **Correlation of Pediatric Autoimmune Neuropsychiatric disorder (PANDAS) with Streptococcal infection.** If PANDAS is undiagnosed & untreated can suddenly & drastically disrupt the lives of previously healthy child & family. The key is prompt diagnosis & appropriate treatment is to provide awareness that Strep infection nay present with neuro psychiatric symptoms.	Marissa Hernandez
W & C	ED-Pedi	21. **Impact of COVID-a9 to the mental health of children.**	Thomas Pilip

		School closure extensively disarray the lives of students & their family. Also, have consequences for child health, mental health. Most mental health disorders begin in childhood. If untreated, mental health problems can lead to many negative health & social issues.	
W & C	ED-Pedi	**22. Approaches to empower nurses to feel respected & supported.** Situations are always difficult when a nurse adamantly disagree with a decision made by the nursing leaders. These situations become more complicated when the nurse feel disrespected or not supported by their decisions. .	Malia Bates
W& C	PICU	**23. Compassion fatigue among PICU Nurses** PICU nurses have high rates of burnout & secondary traumatic stress which can result for low compassion satisfaction.	Lindsey Lambert
W C	PICU	24. **"Good Death"** in Pediatric Intensive Care Unit. Societal attitudes about end-of-life events are odds with how, where & when children die. Parent's ideas about what constitutes a "good death" in PICU vary widely. Sudden or traumatic death require clinicians' close attention to fast-evolving symptoms as well as acknowledgement of families in crisis.	Sydney Sharp
W & C	NICU	**25. Formula vs. Donor breast milk for Preterm low-birth weight infant.** The growth & development of preterm can be a challenged by gastrointestinal immaturity. Breast milk is the best source but unavailable at times. The next option is either formula or donor breast milk.	Kendra Dean

W & C	NICU	**26. Importance of adequate communication in the Neonate Intensive care unit.** THE NICU is a distressful environment for parents. Throughout the admission, parents interact with the healthcare team. The process of communication is essential. Good communication assure that parents feel more involved in the care of their child.	Victoria Paredez
W & C	NICU	**27. Respectful care in the Neonatal Intensive care.** The ability for the mother to achieve the highest level of autonomy during the NICU stay relies on the ability to comprehend & understand the course of care. Providing support to the mother to assume opportunities for bonding & care provision are essential.	Serina Duran
W &C	NICU	**28. Alcohol use in Pregnancy** Alcohol consumption during pregnancy can influence fetal development, causing lifelong behavioral, intellectual & physical impairments known as FETAL ALCOHOL SPECTRUM DISORDER. Despite it is recognized risks, alcohol use in pregnancy is still common.	Amy Lyons
W & C	Staffing	**29: Bullying:** Bullying observed in different staff levels: Between organizational leader & lower rank staff, senior nurse & novice nurse, and staff nurse & nursing student. The issues about bullying between staff nurse & nursing student was reported to the hospital student advocate committee. The chairman requested committee members from Adult ED, Critical care & Medical –Surgical , & staffing to present a comparative study on ways to stop bullying between the staff nurse & nursing student.	Melissa Davis
W & C	Staffing		Julia Herbold

		29 **Understanding of advance care planning in children with medical complexity (CMC)** often have multiple life-limiting conditions with no unifying diagnosis & an unclear prognosis. Advance care planning conversation be uniquely tailored to this population	
W & C	Staffing	30 **Reproductive care during COVID 19.** Radical shifts in the way the reproductive care is provided & how women experience it have occurred during the COVID-19 pandemic. The crisis is reshaping reproductive care in way that could have a long-lasting impact.	Kambri Loewen
W & C	Pedi	31 **Nurses' point of view in addressing Multi drug resistant pathogens in Pediatric Palliative care patients.** Children with life-limiting conditions have significantly increased risk of multi drug resistance pathogens colonization. Caring requires the application of safe hygiene concept however isolation reduce the quality life of patients & families.	Jesus Carrasco
W & C	Pedi	32 **Provision of Evidence-Based Practice during the COVID-19 pandemic.** In different ways the COVID 19 pandemic is unexplored water in health care, yet in other ways it is not. Ensuring that nurses seek & rely on credible sources to guide nursing care during a pandemic is essential to counter anxiety & chaos.	Brynne Banker
W & C	Pedi	**34. Domino effect of the Pandemic among children & family diagnosed with COVID-19.** Societal disruptions pose threats to safety, mental health & family stability. COVID-19 have caused enormous loss & suffering for people across the global. There are some social consequences including isolation, economic hardship, family relationship stress, disruption of education & erosion of mental health.	Samantha Gonzales

W & C	Pedi	**35. Planting Seeds & watching our garden grow: EBP as a process** You are the Pediatric clinical specialist & have read an article about bringing Evidence-Based Practice to the unit level. You collaborated with the chairman of nursing research committee and identified key team players from your unit. As the team started brainstorming, the team have to determine the best approach in the full implementation of sustainable EBP using the idea of "planting seeds **& watching our Garden grow".**	Jeremiah Segura